the free Arts, Entertainment & Ideas



November's Events



The Dirt on Tait McKenzie p. 5



Grasslands to Spirit Bears p. 8



Hanging Around p. 26-27











Thinking about painting your kitchen or bathroom cupboards?

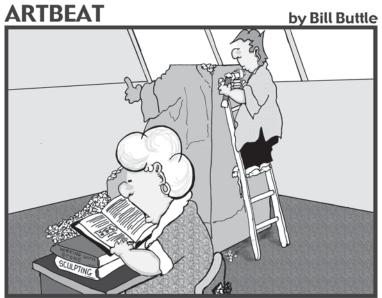
We can help you out with that!

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"All the 'How To' book says is: 'The problem is best avoided by starting on thehead'!"

See More Online!

As always, we've got some great online content this month (including a **suggested reading list** from librarian Pam Harris long enough to keep you busy from November to June!), but I think it may be time to address the issue of our monthly calendar of events...

As regular readers may have noticed, there are now so many events going on in busy months like November that they often squeeze our "Claiming Column" right out of print. Fortunately, most events — even those that are far off in the future — are listed online almost as soon as we receive them (thanks to the tireless efforts of our "Calendar Girl" Rona Fraser). So if you're wondering what is coming up in December and beyond, <thehumm.com> is the place to go! And if you're planning a new event and want to be sure it doesn't conflict with anything major, we highly recommend checking our online calendar first.

Thanks to a great partnership with the Mainstreet Almonte Attraction and Promotion (MAAP) group, we are also launching a new online resource this month called "I Found It In Almonte". Take a look at the ad on page 15 to find out which businesses are involved, and then visit <ifounditinalmonte.com> to get all of the details about their extended holiday hours and special shopping events, as well as a listing of community happenings like Light Up The Night, area craft shows, and much more. Many thanks to Foil Media <foilmedia.ca> and Jason Nichols <krakengraphics.ca> for helping us build it!

And finally, to find out whether the last 15% of **Lorne Elliott** actually shows up, check in at <thehumm.com> or, better yet, "Like" us on Facebook and we'll post full details as soon as we get them (in the meantime, check out page 24 for 85% of the details...)



Back in 2013, **Sean Keilty** sent in the photo above with this note:

"I flew out to BC this summer and our family visited Cathedral Grove on the way to Tofino, Vancouver Island. It is the home of some very tall Douglas Fir and Red Cedar trees. We brought the Humm along just in case we found an opportune spot to read it and try and make the newspaper travel photo. Here, Logan, Luke, Katie and I are reading the Humm in front of a big Fir tree."

In October of this year, Sean's wife **Katie** sent in this special request, which we absolutely couldn't resist:

"Last summer we submitted a photo for the Who's Reading theHumm section. This may be a big ask — but I thought I would try. We are leaving Almonte and moving to Vancouver. The last issue of theHumm we will get will be next month's... Any chance we can get our family photo put in the paper? It would be so awesome and our little boys would be so excited to have that as our going away gift! Hoping you can make our Almonte dream come true!"

Well, Katie, Sean, Logan and Luke — we are completely honoured that it means so much to you to be in this issue, and all the best in your new home. Almonte will miss you!



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theHumm is a monthly arts, entertainment and ideas newspaper delivered free to businesses and visitor attractions in Almonte, Perth, Carleton Place, Westport, Pakenham, Carp, Arnprior, Smiths Falls, Burnstown, White Lake, Renfrew, Balderson, and Ottawa. Our mandate is to connect and promote people and events in the small towns and rural communities of the Ottawa Valley — where the arts flourish and entertaining characters run amok!

Submissions

By email or on disk.

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Thanks this month to:

Everyone who ran for public office and everyone who voted. Also, a huge thank you to our son D'Arcy, who stacked nine face cords of wood for us this month because his dad had a broken collarbone...





Humm

Victoria Jenkins — **Love at First Throw**

Clay sculptor and potter Victoria Jenkins and mixed some mud with water and made love affair with the endless creative possibilities and challenges that clay provides.

by Sally Hansen

A visit to Jenkins' Magical Mud Pottery Studio in Carleton Place reveals the extent of her appetite for experimentation and invention. She explains her continuing fascination with working with clay as "...a voyage of discovery... What will make surprise or whimsy?"

The result of her continuing exploration of all aspects of her chosen medium is a wealth of creative functional pottery for the kitchen and the garden. In addition, she creates custom sinks and bathroom accessories. All are beautiful, original and expertly made — a result of her intellectual cu- Maybe she does use magical mud. From a large riosity as well as her gift for creativity.



But the show stopper is her collection of clay remembers having her first experience sculptures — from elephants to fiddlers and dancwith pottery when she was six years old. ing couples, three feet tall. They are amazing. She lived on a prairie farm near Edmonton Throughout the design and build processes, they become more like friends than artifacts, and Jena bowl. It was the beginning of an enduring kins' biggest regret is that she has to say goodbye when they find a new home.

Many of her current sculptures are, in fact, modeled after friends. Victoria and her husband Alex love to dance. Some of her favourite figures are of older people they meet at the country dances they attend on weekends. She works from photographs personalities and individual qualities as they enjoy life to the fullest.

Jenkins describes constructing a large sculpture a functional pot work well for its purpose? What as an adventure. "There is a plan, of course; but will make my product interesting over time for the ideas, movement and changes suggest themselves person who owns it? Is it possible to inject a little along the way, and the end result is often much different. The magical part is when the hands and face are added and the figure seems to come to life." After controlled drying and slow firing in the kiln, she adds colour with acrylic paints.

Magical Mud

block of soft clay and a few photos, Jenkins captures the transcendental magic of music-making and dancing. Somehow she is able to transpose her own feel for gesture and movement to large clay figures who are obviously transported in the moment.

Over decades of courses and experimentation, Jenkins has solved puzzles about design, the building process, decoration and achieving the colours she envisions. As anyone who has opened the door of a kiln knows all too well, a minor error along the way can affect and even destroy the final result. Victoria enjoys the challenge, and includes many tests in every kiln load. As she puts it, "Some work. Many don't. But it's all part of the learning process."

Lifelong Learning

Education has been a constant in Victoria Jenkins' life. She came to Ottawa from the Prairies when she received a scholarship to study Political Science at Carleton University. She returned to Edmonton with her new husband, where he worked for the Federal Government while she went back to the Arts degree while raising their two sons.

Fortunately, the right student met up with the right instructor. Jenkins credits her marvelous pottery instructor — Regina's Jack Sures — with fosterof the maverick Canadian ceramists, along with Joe work at <thehumm.com>. Fafard and others, "who in the 1960s liberated ce-



she has taken, capturing her subjects' movements, ramics from its traditional, functional role and instead utilized it as a sculptural material. The 'Regina Clay' group, as they came to be known, rallied against anything that could be considered dogmatism within the constricts of visual arts and ceramics." Sures created the "Air, Earth, Water and Fire" ceramic mural at the Canadian Museum of Civilization in 1989.

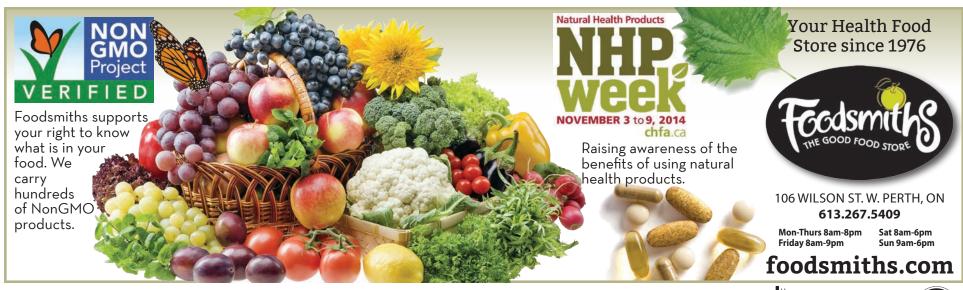
> Following Victoria's graduation in 1981, the couple moved back to Ottawa and she set up her own studio in Orleans while she was still working full time. After years of searching for the right piece of land on which to build a house, they settled in Carleton Place in 1997, where she now has her spacious Magical Mud Pottery studio. For almost thirty years she participated in the shows of the Ottawa Guild of Potters, perfecting and expanding her functional housewares (she likes to cook).

Variety is the Spice of Life

Gradually Jenkins began decorating her larger items with paintings and small sculptures of animals — tigers, elephants, giraffes and fish (she loves to travel and to swim). Eventually she added people to her work, with a series of Ukrainian dancers reflecting her family background, and a group of circus-related pieces in the '90s. She wanted to create even larger pieces and attended classes at St. Lawrence College. Next it was her instructor at Haliburton College, highly imaginative sculptor Dzintars Mežulis, who "got me over my fear of sculpting faces, teeth and hands."

Following a year-long FUSION mentorship program with potter Leta Cormier, Jenkins has concentrated on surface decoration using glaze stains and painting. "The key ingredient," she quips, "is lots of practice." She enjoys making custom sinks because they require good technique and good control, and she is looking forward to creating large garden sculptures, fountains and planters (yes, she likes to gar-

Jenkins finds Carleton Place a stimulating place to work, with an active, talented and busy arts community. Four years ago she initiated the annual Carleton Place Art Tour & Sale to provide local artists with another way of distributing their work. This year it has University of Regina to acquire a Bachelor of Fine been expanded into a two-day affair by popular demand, so you can meet Victoria Jenkins and some of her sculpted friends at her Magical Mud Pottery Studio at 2321 10th Line, just south of Carleton Place, on November 8 and 9. Check out her offerings of hand building classes at <facebook.com/MagicalMudPottery>, clip her Artist's ing her lifelong fascination with clay. Sures is one Trading Card at the top of this page, and see more photos of her



WHO Victoria Jenkins

WHAT Clay Sculptor and Potter

WHERE Magical Mud Pottery Studio, 2321 10th Line, Carleton Place, 257-2588, <Avjenkins@rogers.com>; Surrounding Memories, 77 Bridge St., CP; Visitor Information Centre, 132 Coleman St., CP; Pêches & Poivre, 89 Mill St, Almonte, 256-5764

·THE·HUMM

WHEN Nov. 8 & 9, 4th annual Carleton Place Art Tour and Sale <carletonplacearttourandsale.wordpress.com>

"I enjoy the thrill of the search to create something original; exploring in clay is endlessly fascinat-

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Cinderella Comes to CP for Christmas

"You have to believe we are magic. Nothing can stand in our way." So sings the Fairy Godmother to Cinderella as she tells her: "You shall, my child, go to the ball."

And so can you, by experiencing this wonderful Carleton Place Christmas season tradition, twenty-five years old this year. It's the Mississippi Mudds' family musical comedy, aka the Christmas panto!

Full of popular music, riotous comedy, colourful costumes, props, sets and special effects, these shows are always built around a "happily ever after" tale. This year's Cinderella has all the traditions, plus some up-to-date twists to keep you smiling and your toes tapping.

ella story — written by John Crocker, a well-respected panto playwright — has the usual protagonists, as well as some more outlandish characters. Carleton Place's own Molly Cooney of physical humour to the show. plays Cinderella, and Clifford Add Dobbin the horse, a tricky Glas from Smiths Falls plays her little fox, a gang of hillbillies and Prince. These two grade 11 students have been honing their considerable acting and singing skills for several years already, traditional characters.

Watch for veterans of the lomission right there.

with Mudds veterans Mike Lieff



The Mississippi Mudds are at it again —bringing a "fun for the whole family" panto to the stage of the Carleton Place Town Hall just in time for the holidays. Cinderella opens on November 28, and the "broker's men" (aka Mary Alexander, Jenny Pfitzer and Kathleen Everett) are ready to welcome you — jazz hands and all!

Baron, Trish Smith as The Fairy Godmother, and Jenny Pfitzer, is sure to be a crowd pleaser. Kathleen Everett and Mary Almen. All bring whole new levels a happy group of villagers, and dull moment.

Once again we feature and bring flair and style to these some top-notch musical arrangements by our talented bandleader and accompanist cal stage, Peter Meyer and Brian Peter Brown. With expert McManus, dressed to kill as the guidance and inspiration from cember 6 at 2PM. Tickets — \$20 Ugly Sisters. Their boudoir scene music director Tony Stuart, evenings and \$15 matinées — are may just be worth the price of ad- our singers are in good hands. available at Reads Book Shop, With full choral numbers such 135 Bridge Street in Carleton Mudds newcomers Kyle as Good Morning Starshine, Place (257-7323). Booth and Jennifer Vorano play Nine To Five, Can I Have This the faithful servant Buttons and Dance and Thank You For Be- for more information and find Miss Muffet respectively, along ing A Friend, and solo or small group arrangements of pieces as Dandini, Jim MacGregor as by Michael Bublé, The Beatles,

This version of the Cinder- The King, Karen Lapointe as The the Barenaked Ladies, Randy Newman and ABBA, the show

This full cast of twenty-nine exander as the clownish broker's amateur actors and singers, supported by an accomplished five-piece band plus a full team of technical wizards and production staff, is ready to draw you into this "once upon a time" you know there will never be a land and give you two hours full

> Mark your calendars. You and your family won't want to miss this one! The dates are November 28 and 29, December 5 and 6 at 7:30рм; November 30 and De-

> Check <mississippimudds.ca> our Facebook page.

— Judith Scott



There's Dirt on Tait McKenzie?!?

New Play About Almonte Icon Promises to Tell All...

As most Mississippi Mills school- and when, I just had to call Lucy nia every summer to this idyllic to make The Dirt on Tait Mcchildren know, the area that encompasses Almonte, Pakenham and Ramsay Township claims as native sons both James Naismith (the inventor of basketball) and R. Tait McKenzie (world-renowned sculptor and one of the fathers of McKenzie's life? modern physiotherapy). A few writer Fern Martin created a de- fort, was filled with details about to this distinguished individual.

lightful play that presented Naismith's life story through vignettes, songs and historical flashbacks. This month, her newest "living local history lesson" comes to life on the stage of the Almonte Old Town Hall. The Dirt on Tait McKenzie opens on November 14, and promises to unearth all the juicy bits about this mysterious local figure. TheHumm interviewed author Fern Martin, director Thora Pugh, and researcher Lucy Carleton to get all the dirt about The Dirt...

TheHumm: After the awesome success of your musical about the life and times of Dr. James Naismith, it seems fitting that you would turn

to another local icon for inspiration. What was it about R. Tait McKenzie that compelled time around?

for equal time when I was writing ing were Tait's own jot notes and about James Naismith. He said he had an equally exciting life story and it was only fair to give him ing these was tough though his due. And he was right!

It must be quite a job to creyears ago. How did you find out about his life and legacy?

research, especially from Stephanie Kolsters at the Mill of Kin-

Carleton or my sister Marilyn studio nestled in the Ottawa Val-Snedden, and they duked it out. I ley. In 1952, Major James Leys, a loved the emails that went back great admirer of Dr. McKenzie, nate the use of "readers" telling and forth.

years ago, resident activist and biography of Tait, The Joy of Ef-



From his boyhood days at the Church Street School to a career as a worldrenowned sculptor, Almonte's R. Tait McKenzie led an exemplary life. Or did he...?

his life and times. But the best onto her coattails. sources were the original letters to Tait and Ethel from prime you to write about him this ministers, artists, university colleagues, members of the clergy Fern Martin: R. Tait was asking and local farmers. Most interestsketches, sandwiched between the pages of his books. Decipherhis handwriting was atrocious!

There is an R. Tait McKenate a full-length musical about zie museum housed at the someone who lived a hundred Mill of Kintail near Almonte. What's the connection?

Lucy: In 1931, McKenzie dis-Fern: I had lots of help with the covered a dilapidated mill on a visit to Almonte. Over the next seven years, he restored it and tail who supplied me with several renamed it The Mill of Kintail. books. Then, if I was faced with He and Ethel would make the

purchased the property and es-What were some of the best tablished a memorial museum to **sources of information about** McKenzie. Subsequently, the site mation that the writer wants to was acquired by Mississippi Val-Lucy Carleton: Jean McGill's ley Conservation (MVC), who agreed to maintain the memorial

> Writing a brilliant musical play is one thing, but bringing it to life on stage is quite another. Tell me a time around.

> Mississippi Mills is full of people who are willing to share their various talents, whether they be costuming, piano playing, acting, etc. I must single out director Thora Pugh, though. She looked at my script and said things like: "You could make this into a scene that includes the whole cast," and she was always right. She has had many years of theatrical experience and has come up with fabulous tricks to enhance the action. It is a treat to hang

be to make this show different the standard of effort for all of us. from Naismith is Colourblind. What are some of the plot devices, staging and directing Produced by the Valley Players, techniques that you are using



Kenzie distinct?

Thora Pugh: I tried to elimithe story. This puts the onus on the actors to convey the inforget across. This may be more demanding on the players, but hopefully more interesting for the audience.

Bringing the action closer to the audience and engaging them in more scenes has also been used to make the show a little **bit about the dream team** more intimate. Since I expect you have amassed this most of our audiences will be experiencing a bit of their own his-Fern: This community of tory, it seemed like a good route to take.

> As director, you get to help a group of dedicated amateurs bring this wonderful story to life. What are some of the highlights of working with the cast?

Thora: Every cast has its unique personality. This cast consists of some people who have never been on stage before and others who have varying degrees of experience. They laugh together and work very hard. Watching them grow creatively is very rewarding. The children in the cast are truly remarkable! They want to be written into as many One of your challenges must scenes as possible, and they set

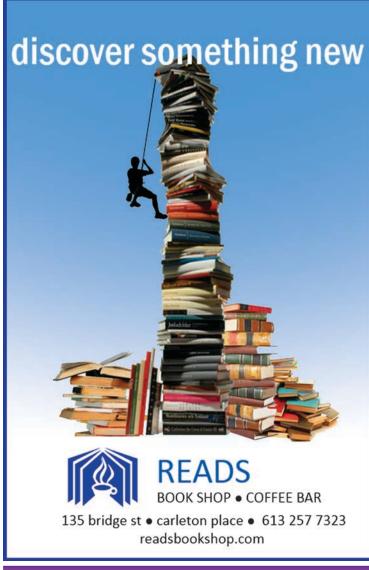
The Dirt on *The Dirt*

The Dirt on Tait McKenzie runs at the Almonte Old Town Hall on November 14, 15, 21 and 22, at 7:30_{PM} each evening. Tickets are \$20 (\$10 for students) from Baker Bob's in Almonte, the Pakenham General Store, the Clayton General Store, and Reads Book Shop in Carleton Place. \$3 from each ticket will go to support the Tait McKenzie sculpture project! There will also be a dress rehearsal on Wednesday, November 12, with admission by donation. For more information, please call Lucy or Neil at 256–2018.

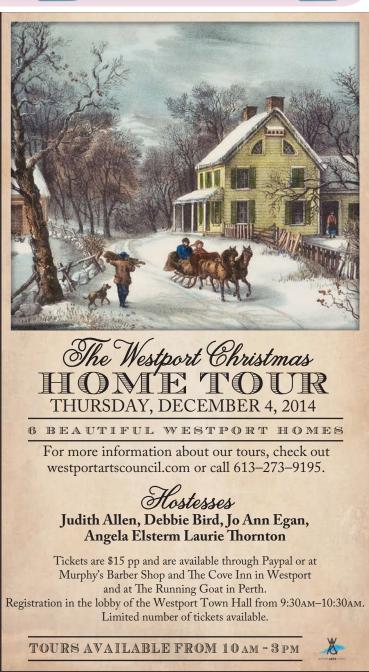




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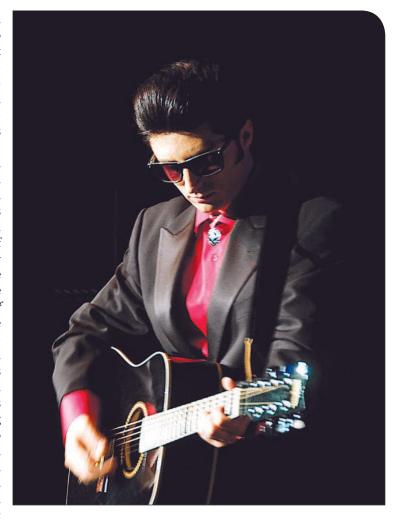
Take a Step Back to **Simpler Times**

Vintage Christmas Show in Perth & Pembroke

Remember those days when television was simpler - no violence, no swearing, and just good clean fun? When the music seemed more memorable with songs that took you down memory lane and kept you enchanted, in a time that seems lost and so far away.

Vili Verhovsek (Vili V) and Al Greenwood are presenting a Vintage Christmas Show, with a spotlight on simpler times and, of course, Christmas. Vili will be presenting the music of the teen idols of long ago: Ricky Nelson (remember Poor Little Fool?), Bobby Darin (Mac the Knife), Del Shannon (Hats Off to Larry) and many more. The songs will take you back to simpler times, and included will be some great Christmas tunes from Elvis and others. He will also highlight songs from his latest album release, focusing on "Shades of Roy", a tribute to Roy Orbison; you will be moved by his ability to climb through the vocal ranges of Roy's songs, with a four-octave range on such songs as Mean Woman Blues and Pretty Woman.

Vili will be joined on stage by Al Greenwood from Vancouver, B.C., in a loving tribute to the world's greatest clown: Red Skelton. He will introduce you to Sheriff Deadeye, Gertrude and Heathcliffe, Freddy the Freeloader, San Fernando Red and many others. This is a loving tribute to Red Skelton; you will be moved to laughter and perhaps tears. If you are only going to take in one show this season, this is it.

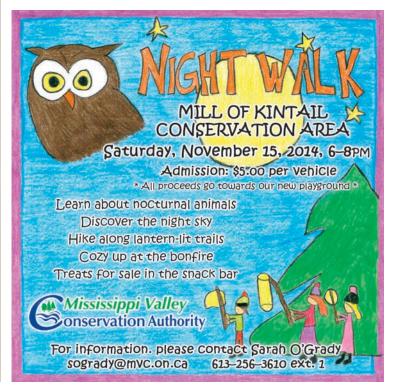


Vili Verhovsek (above) and Al Greenwood join forces to present a Vintage Christmas Show in Pembroke on November 27 and in Perth on November 28

the same stage for a loving screen and television from simmemories and the laughter.

The Vintage Christmas Show will take place on Novem-

This is the first time these ber 27 at Festival Hall in Pemtwo artists have appeared on broke (tickets at festhall.ca or 735-2182), and November 28 tribute to the greats of stage, at the Perth & District Collegial Institute's Mason Theapler times. It is a show to bring tre (tickets at ticketsplease. the whole family to, and you ca or 485-6434). For informaare sure to enjoy the music, the tion, call 485–0228. Tickets are \$29.99 and show time is 7PM.





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Celebrate Christmas in Mississippi Mills With Light Up The Night and Two Parades!

It's no secret that there is something special about the Town of Mississippi Mills, and Christmastime is no exception. The holiday season begins with "A Pakenham Country Christmas" on November 29, and doesn't stop until the jolly man himself comes shimmying down the chimney Christmas Eve. For those who don't know, Mississippi Mills includes Almonte, Pakenham and Ramsay, as well as the hamlets of Appleton, Clayton and Blakeney... and all of the inhabitants come together to celebrate the holiday season.

A Pakenham Country Christmas

On Saturday, November 29, from 9AM to 6PM, the village of Pakenham is transformed into a veritable winter wonderland during their annual Christmas kick-off. Escape to the country to experience the true meaning of Christmas and community spirit. The day begins with breakfast Nothing says Christmas in the Valley like with Santa, then you can head down the Almonte's annual Light Up the Night event street, pick up some delicious baking or a warming bowl of chili for an afternoon tastic musical entertainment, fireworks, bite, and explore the shops and holiday hot chocolate on a twinkle-lit street, latecraft sale for unique gifts and inspiration.

feed store, writing letters to Santa, live truly a heart-warming holiday experience caroling, and story time at the library. Key events include breakfast with Santa at the Centennial Restaurant from 9AM

November 2014



to 11AM, followed by lunch at Love That invites all the little ones to visit them in the morning too, for help with their letters to Santa. The day wraps up with the official tree lighting on the historic Five Span Bridge at 5рм.

Light Up The Night

— a holiday cheer-filled evening of fannight shopping and, of course, the much-The kids will enjoy pony rides at the anticipated arrival of Santa Claus. This is

> On Friday, December 6, the Light Up The Night stage is set to feature mother and

daughter performers Tracey Brown Almonte Santa Claus Parade and Kelly Prescott, The Allan Martin On Sunday, December 7, Almontonians Cedar Hill Sunday School Choir and more surprises yet to be announced!

The festivities begin at 7PM on Mill Street, and wrap up with the "light up" ceremony and a spectacular firework display high above the Mississippi River falls. More information is available at dightupthenightalmonte.com>.

Pakenham Santa Claus Parade

Santa particularly busy, with two local appearances this year. On Saturday, Decemparade gets underway at 1PM and winds 112 MacFarlane Street. During the pathe Lanark County Food Bank.

Parade participants are asked to register by noon, and cash prizes will reward those who show the best Christmas spirit. After the parade, free hot dogs and hot chocolate will be served, compliments of the Thunder Grill Canteen in the community centre, where the kids can meet Santa and Mrs. Claus and enjoy a free skate.

Puppets, The Twinkle Fairies, The will wait until nightfall for Santa's arrival on Mill Street. Recently, Almonte shifted their parade to early evening with a start time of 5PM, which allows for a beautiful demonstration of Christmas cheer, with brightly lit floats making it an unforgettable holiday evening. Like Pakenham, this year's theme is Winter Fun, and local businesses, churches, sports and community groups are encouraged to call and register so they can add their light to what could be Almonte's longest parade yet. The 2nd Barr at noon. The Pakenham Post Office As always, Mississippi Mills is keeping Almonte Cubs, Scouts and Venturers will be collecting food along the parade route in support of the Lions Christmas Food ber 6, he'll be in Pakenham for a "Winter Basket campaign. After the parade, the Fun" themed parade and festivities. The Almonte Lions Club will sponsor its annual "warm up" with hot dogs, hot chocoup at the Stewart Community Centre at late and free public skating at the Almonte Community Centre. Both the Almonte rade, the Pakenham Civitan Club will be Civitan Club and Lions Club are ready accepting donations of food or money for with awards to recognize the best use of theme, and the best overall float.

> For more information about the parades, or to register a float for either parade, please contact the Town of Mississippi Mills Recreation and Culture Department at 256–1077.

> In the meantime, the Town of Mississippi Mills wishes you and your families a warm and healthy holiday season!









Bill Pratt — Back by **Popular Demand!**

Canada: From Grasslands to Spirit Bears

On Monday, November 10, at the Almonte United Church, the very generous and talented Bill Pratt therapeutic riding lessons to 148 physically disawill be once again dazzle audiences, with an allnew show. Proceeds will go to the Lanark County adults. Our program does not receive any ongoing Therapeutic Riding Program.

You may have been privileged to have seen the incredible show Canada Wild, which combined Bill's photos with the music of Ian Douglas and the Raintree Earth Ensemble at the Almonte Old Town Hall in September. It sold out weeks in advance and was truly amazing to experience. If you haven't seen Bill's work before, or if you are a big fan, I encourage you to come out and join us for a great evening and support an amazing local charity.

smashing success, and the Therapeutic Riding Program is so very grateful for his continued support. Over the past fifteen years, Bill has done twelve estimated \$30,000 of revenue! Every year these fun-Best of all, they support a local charitable organization that has been helping differently-abled persons in your community for the past twenty-eight years.

In 2014 alone, the Riding Program has given bled and developmentally challenged kids and government funding, so we really count on fundraising events to make ends meet.

Mark your calendars, get on over to the bookstore to grab some tickets while they last, and join us for a great time supporting a super cause. As an extra enticement, Bill has finally agreed to put up an extremely-difficult-almost-impossible-to-getyour-hands-on photograph as an item for our silent auction. What a great guy!

Doors will open at 6:30pm for the silent auction Bill's audio-visual presentations are always a viewing and tea time, and the presentation is set to

Tickets are \$15 each and available at Reads Book Shop in Carleton Place and Mill Street shows to benefit the Riding Program, bringing in an Books in Almonte. You can also give us a shout at 257-7121 x238 and I'll put some aside for you draising events are well attended and memorable. at the door. More details are available online at <therapeuticriding.ca>.

— Amy Booth





Gills for

leenagers

To be included in this year's Gift Giving Guide, please contact the Humm by November 15.



Gills for

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the green pass, the gre

Maude Barlow to Speak in Almonte

Maude Barlow, national chair- clude fair trade, public health numerous honorary degrees and nadians, will visit Almonte on mate, and democracy. Wednesday November 12 at 7PM Museum. Barlow is an original member and long-time chairperadvocacy organization founded in 1985 by notables including David Suzuki, Pierre Berton, Peter Newman, Margaret Atwood, Farley Mowat, Paul Martin, and many others. Its goal is to act for social justice — to make Canada a better place. It is entirely funded by donations. Over the years

Barlow was elected national at the Mississippi Valley Textile chairperson in 1988 and has able for purchase at the event, worked tirelessly over the years courtesy of Mill Street Books. to keep governments, corporason of the Council, a key citizen tions and international organizations acting in our interests. She serves on a number of international committees including the Food and Water Watch (based in Washington), the International Forum on Globalization (she was a founding member), and the World Future Council (based in Hamburg). She cothe Council has raised awareness founded the Blue Planet Project,

person of the Council of Ca- care, clean water, energy and cli- awards, and had authored and co-authored sixteen books. Her most recent books will be avail-She maintains a hectic travel schedule — in the space of a few days in late October she debated pipelines in Halifax, argued for public health care in Courtney (BC), and against a proposed private-public hospital proposed in North Battleford Saskatchewan — so don't miss this opportunity to see her speak in Almonte!

"Do not listen to those who say a life of activism gives hope... you in at least as whole a condition as on a variety of issues important which advocates for water rights there is nothing you can do about meet the nicest people... you help you inherited it." to average Canadians. These in- for all humans. She has received the very real and large social and transform ideas and systems and

As she writes on her website, environmental issues of our time... you commit to leaving the earth

Living Waters Rally Report

tended the Living Waters Rally 2014 in Ottawa to discuss the future of Canada's freshwaters. They represented environmental, recreational, indigenous, business, faith, philanthropic, academic, and arts and culture Renfrew County were Rosalie Burton, chair of the Muskrat Watershed Council, and Kathy Lindsay, chair of the Bonnechere River Watershed Project.

Why rally? Because our watersheds are suffering, including the Muskrat and the Bonnechere. Some of our lakes and streams that are suffering. are choked by algae blooms. Riv-

November 2014

In October of this year, 110 del- ers are overflowing, their banks egates from across Canada at- eroding. Others are dangerously close to drying up. Our drinking water supplies and the recreational use of our water are being compromised. Fish populations are struggling and often unfit for consumption.

Healthy, living watersheds groups. Among delegates from are essential to the wellbeing and prosperity of our communities and the survival of all species. We are blessed in Renfrew County and Canada to still have some of the world's most pristine waters. With that comes a collective obligation to protect our watersheds and to restore those

of activities are being pursued to achieve the goal of improved water quality and management of water levels and flows. These include working with people and communities, scoping the problem, engaging the public, developing a response plan, setting freshwater targets, and seeking funding. Indigenous peoples, including First Nations such as the Algonquins of Pikwàkanagàn, strive to live in harmony with nature, place a spiritual and sacred value on water, and have rights to maintain and strengthen their relationships with traditionally occupied lands and waters pur- need regular, independent public

indigenous peoples are actively engaged in the movement to protect our waters.

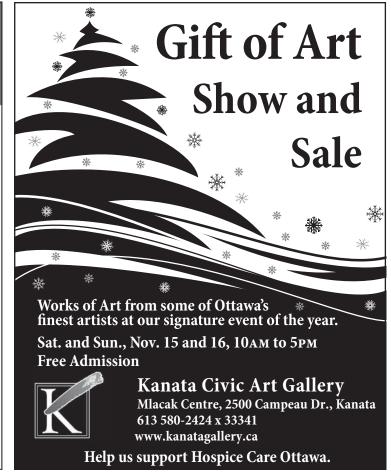
Inspired by the Living Waters Rally 2014 and its associated declaration, the Muskrat Watershed Council and the Bonnechere River Watershed Project extend an invitation to all people and organizations to be engaged in the protection, stewardship and restoration of the County's watersheds. Along with others in Canada, we deserve to know the condition of our home waters which ones are healthy and which ones are not. For that, we suant to treaties, aboriginal title assessment and reporting on the council.ca>.

Across Canada, a number and aboriginal rights. No wonder health of our waters. To act will require leadership. For that, we need a legal and policy framework that sets a high standard of accountability and transparency. Together, we can build and strengthen the water movement to ensure that all our waters are in good health — swimmable, drinkable and fishable.

> For more information or to become involved, please contact the Bonnechere River Watershed Project at PO Box 234, Renfrew, ON K7V4A3 or <box>
chereriver.ca>, or the Muskrat Watershed Council at 40 Rossel Trail, Cobden, ON K0J1K0, or <muskratwatershed-







www.thehumm.com

Humm Bits

Climbing Your Family Tree

The North Lanark Historical Society is running a genealogy workshop, entitled "Beginning to Climb Your Family Tree". It will be held at the North Lanark Regional Museum, 647 River Road in Appleton, on November 12, 13 and 14 from 2–4PM each day, and on November 15 from 9:30AM to noon. Presenters Bob Butler and Brian Tackaberry will discuss internet and PC sources, research and records, military records, and DNA.

The cost of \$15 per day or \$50 for all four days includes online access to <ancestry.ca>. For more information, visit <northlanarkregionalmuseum.com>. To register, call 257-8503 or email <appletonmuseum@hotmail.com>.

Sing the Old Songs on Remembrance Day

In honour of Remembrance Day, St. George's Anglican Church (2786 Tatlock Road in Clayton) has invited Roger Fowler to come and share his vast repertoire of wartime classics from the '40s. Roger has been using his amazing accordion playing skills to entertain in the Ottawa area for many years, and they are delighted to bring him to Clayton. The concert will begin at 2PM on November 9, with light refreshments afterwards in Grace Hall, where members of the congregation will have a display of wartime memorabilia. All are welcome to come and sing along with these old favorites. For more information visit <stgeorgechurchclayton.webs.com> or call 256-9010.

Almonte Christmas Market

Everyone is invited to the second annual Almonte Christmas Market on Saturday, November 15, from 9AM-3PM at the Almonte Community Centre. Add some local colour and flavour to your celebrations with wreaths and garlands, as well as fall veggies and groundon-the-spot flour. There will be organic beef, lamb and chicken, and even wine from Prince Edward County for your holiday entertaining. Bring your carving knife to be sharpened, so you get the perfect slice. Stuff some stockings with local preserves, knits, crafts and delicious baked goods. Savour the local flavour this holiday season. For more information, please visit <almontefarmersmarket.ca>.

MERA Christmas!

Come out to McDonalds Corners on November 29 from 10AM to 4PM and experience the tenth annual **MERA Christmas Fair**. This is the perfect time and place to shop locally, connect with local artists and artisans, and support community arts at MERA.

All juried vendors offer original one-of-a-kind items that you won't find anywhere else: hand-weaving, fibre arts items, organic chocolate by Ludwig, Strawberry Cottage beeswax candles and soaps, jewellery, felted creations, jams and jellies, home baking, a café, and more. For directions to the MERA Schoolhouse in McDonalds Corners, go to <meraschoolhouse.org>. See you there!

Finders Keepers Announces Vendor Line-Up

Finders Keepers Trunk Show, along with presenting sponsor Voilà Creative, just announced the vendor line-up for their upcoming Holiday Trunk Show. Over forty Ottawa-area makers will be showcasing their high-quality handmade goods, so be sure to mark the date and check off a few items from your Christmas shopping list. There is sure to be something there for everyone.

In addition to 40+ trunks of one-of-a-kind finds, there will also be workshops and demonstrations for shoppers to attend. Sign up on the day for a workshop to learn a new craft or technique, or watch some of the experts as they show their skills and demonstrate their crafts. While you're there, stop at the Market Café, courtesy of Ginger Café in Carleton Place, for a coffee or tea and some tasty snacks or a light lunch. The show will be held November 30, from 10AM to 4PM at the historic Carleton Place Canoe Club, 179 John Street. Admission is free.

Gifts of Light in Arnprior

L'Arche Arnprior sponsors this sale of one-of-a-kind Christmas items and homemade baking and preserves each year at The Kirkman Bed and Breakfast, 294 John Street North in Arnprior. Come on out to the Gifts of Light Christmas Gift & Bake Sale on Saturday, December 6, from 10AM to 2PM. The wares of talented local vendors are also featured in this gracious old home, beautifully decorated for the season. L'Arche holds it at this time of year in celebration of the International Day of Persons with Disabilities: December 3. Why not join them at this festive season to browse and find a few items to brighten your holidays!

Champagne Flights, Dinners & Stays (Oh My!)

will be holding a countywide that long, a stay for one night that our sixteen Member Agencies." "Champagne Flights, Dinners includes dinner. & Stays" Raffle during the 2014 Campaign.

two aboard a private plane over Lanark County, down to Kingston and back, including a small champagne reception and tour of the Classic Wings Private Museum at the Smiths Falls Airport in Montague Township, whose president, Bob Hanson, is providing the flight. His private collection of fully-operational vintage aircraft spans decades of aviation history. The plane that will be used for the flight is a 1975 Cessna 421B Golden Eagle. The estimated value of the main Champagne Flights, Dinners & prize is \$2,500.

stays for two at the Almonte Riverside Inn and the Perth Boutique Manor Hotel, valued at \$595 for both. At the Perth Boutique Manor Hotel, a night's stay for two and breakfast is included. The Almonte Riverside Inn will allow the winner to choose a stay only will it help us raise funds,

Included in the prize list are dinners for two in restaurants The main prize is a flight for across Lanark County. Participating restaurants include the Masonry in Perth (three-course dinner for two, excluding alcohol), the Heirloom Café Bistro in Almonte (dinner for two, excluding alcohol), Asscher Cut Bistro in Carleton Place (dinner for four at their exclusive Chef's Table), and Chuckles Jack in Smiths Falls (three-course dinner for two including dessert and a bottle of wine). The total value of this third prize pool is \$520.

Stays Raffle," says Kate Hallas, The second prize includes Fund Development Officer of the United Way Lanark County. "We've had great support from the local businesses who have graciously donated amazing prizes. This is our first year holding a raffle of this size, and we're hoping it will be a great success. Not Kate at <khallas@lanarkunitedfor two nights, or, for those who but it will raise awareness of the

The United Way Lanark County may not be able to get away for United Way Lanark County and

Tickets are \$10 a piece and will be sold until December 31, 2014. The draw will be taking place on Friday, January 9, 2015. Proceeds of the raffle will assist in reaching the United Way's Campaign goal of changing 8,500 lives in Lanark

Where to Get Tickets

Tickets are available at the United Way Lanark County office and at future events, and through the sixteen Member Agencies and participating businesses. For a full list of our Member Agencies, please visit <lanarkunitedway. "We're excited about our com>. Other locations include Baker Bob's (Almonte), Carleton Place Chamber of Commerce, Ground Waves (Perth), and both Jewel's Gently Used Clothing stores in Smiths Falls and Perth.

For further information, or to sell tickets, please contact the United Way Lanark County office at 253-9074 or via email

A Christmas Tradition: The Scott Woods Band

November 30, 2PM at St. John humour. Chrysostom Parish Hall, 295 you will enjoy a two-hour masterful performance celebrating Christmas, with Canadian Fiddle Champion Scott Woods and MacInnis. band. They bring old-time fid-

Whether it's your Christmas dling, sensational step dancing, your calendars for Sunday, stories, trick fiddling and family

> dine Boles, and fourteen-yearold singing, fiddling and stepdancing sensation Amanda

Tickets are \$25 for adults. tradition already or not, mark seasonal songs, inspirational \$10 for children aged 5 to 12; kids under 5 get in free. Buy your tickets in advance, with There will also be special Visa and MasterCard, by calling Albert Street in Arnprior. There performances by Gary and Na- 1-855-726-8896. Concert proceeds support Arnprior-Braeside-McNab Seniors-at-Home Program. For more information, call 623-7981 to speak with Liz Wall.



Fostering dynamic arts initiatives in the schools of Mississippi Mills.

invites the public to attend their

Annual General Meeting

November 18, 2014, 7PM

at Foodies Fine Foods 34 Mill St., Almonte

For more information contact: 613-256-5081





Friday Nov 14 7pm - 9pm Live music, artisan market, specialty coffee & food samples, kids activities, roastery tours. sweet deals and more!

Equator Roastery and Cafe 451 Ottawa St . Almonte / 613.256.5960 / equator.ca



www.thehumm.com

A Cultivator of Food

and Communities

robust congregation of expertise serving the White Oak Farm. needs of the whole, and a shared history. In the past, community was born out of need Twin Rivers Food Hub scarcity of disposable income.

by Susie Osler

Over the last few generations, society has witnessed, to a great extent, the dissolution of community — first to the primacy of the nuclear family and now to the ascendancy of the individual. While Executive Committee, Ray is once again utilizing it's arguable that there are benefits to this circumstance, they have not come without costs. "Community" is now likely to be applied to a network of people sharing virtual neighborhoods as much as geographic boundaries. Virtual networking is fraying the fabric of a social history based on faceto-face connections and the care for the common to larger regional purchasers like institutions, resgood that such contact engenders.

The briefest peek into his work and volunteer hisof his working life, and a glimpse into the equally admirable values and guiding principles that have governed his employment choices. From being working as a consultant in organizational development for profit and not-for-profit organizations, to directing numerous social services and relief agenhave woven through his life's work.

Ontario, where he witnessed early on the increasing challenges that the industrialization of agriculture presented to farmers, the fabric of rural communities, and also to the land sustaining both. Life range potential includes an incubator farm, a poon a large family farm, however, taught him some essentials about running a business — the importance of financial and time management, strategic of old greenhouses on the site. This will be an excitplanning, and how to work hard. Being part of a ing project to watch — or better yet, to be involved large family also instilled in him the value of collaboration and working as a team.

As a young man, he left the farm to pursue a degree in sociology and then a Master of Social Work (planning and administration); intending, eventually, to return to his rural roots to serve "landbased" communities. Over those and subsequent sociating us from those who produce what we conject. sume, and the land that supports its production.

food systems history, where the merits of globalization and industrial agriculture are being chalrather than faceless multinational corporations.

Now, many years later, Ray Elgersma has "refriend David McGahey ventured, a few years back, gmail.com>.

Our associations with the word "commu- into market gardening on David's land near Innnity" are many. It conjures up a place where isville. Many readers who've visited the Carleton there is a deep-seated caring for the well-be- Place Farmers Market may be familiar with the ing of one another, a strong pride of place, a garlic and full complement of market veggies from

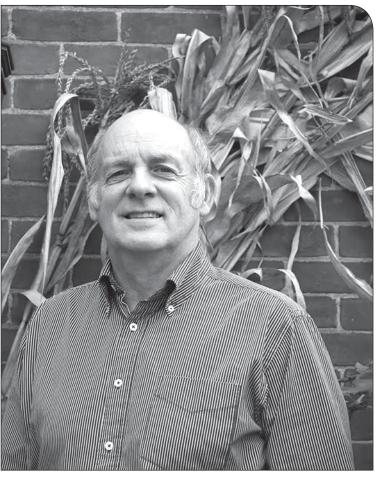
and sheer proximity to one another, and was Ray understands the profound benefits — econompreserved by constraints on mobility and the ic, health, environmental and psychological — that come when people have access to healthy, locally grown food, and he is doing his part in more ways than one to help strengthen our local food system. For many months, Ray has been working along with a group of committed individuals to lay the foundations for the Twin Rivers Food Hub, which is expected to launch this month. As Chair of the his managerial and teambuilding skills, and his gift for helping organizations to clarify their vision and set a clear course towards the attainment of their

Food hubs like this one enable relatively smallscale producers to aggregate their harvests and sell taurants and grocers. They help farmers to increase Fortunately, some people feel drawn to serving their production capacity and to enter a larger, community, and Ray Elgersma is one such person. more stable regional market than they would otherwise be able to infiltrate. On the consumer end, tory offers a window into the impressive breadth of food gets distributed through local channels, conexperience this man has racked up over the course trolled by local people, for local consumption. Local food becomes a viable option for individuals as well as larger purchasers.

The Two Rivers Food Hub, which will be loa sustainable logger for five years, to eight years cated in the Gallipeau Centre in Smiths Falls, will serve the Lanark, Leeds and Grenville regions. Its amenities include a large commercial kitchen for processing value-added products, walk-in freezers cies, his concern for communities and the healthy and refrigerators for bulk storage, and root vegetaorganizations that support them are threads that ble washers. The Gallipeau facility is vast and has more than adequate space and infrastructure for Ray grew up on a large farm in southwestern the hub to grow into in exciting ways over the coming years. Though the first big steps are to get the hub up and running smoothly with a solid group of farmer members, volunteers and key staff, its longtential retail outlet to serve the growing number of people sharing the building, and the resurrection with — and it promises to play a very significant role in creating a more robust and holistic regional food system that we will all benefit from.

Many organizations, including EcoPerth, Rideau Community Health Services and Valley Heartland, as well as numerous dedicated individuals, have gotten this ambitious project off the ground. Supyears our food culture has continued to change. port from all levels of regional government has Transport systems and agribusiness, while creating been strong. As would be expected, many farmers a culture of cheap and accessible food, goods and are also showing support and are making signifiservices, have also had the profound effect of discart contributions to the development of the pro-

There is ample opportunity to help support this We are standing at an interesting juncture in endeavour. The farmers among you can look into the many benefits of becoming a farmer member. Local food supporters can consider becomlenged, and local food strategists are thinking ing a "Friend" of Two Rivers. Donations of any deeply and strategically about how current systems magnitude are welcome, as is volunteering your can be reimagined to the benefit of communities time. More information about the Food Hub can be found on their Facebook page <facebook.com/ tworiversfoodhub>, their website <tworiversfoodtired". Clearly not one to sit idle, he and an old hub.com>, or by emailing <tworiversfoodhub@



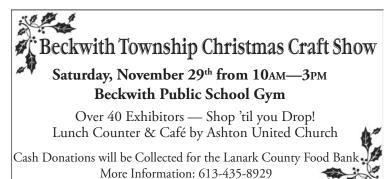
Who He Is

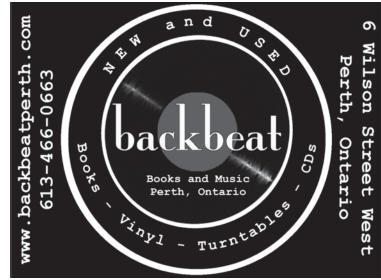
Ray Elgersma, Carleton Place 257–5126, <relgersma@rogers.com>

What He Offers

Organizational Coaching, Vegetables, and Wood Products

There are clear mutual benefits to (re)localizing food systems. Most obvious is the potential to increase farming incomes. But, as Ray points out, there are other less acknowledged but equally powerful social impacts on community that percolate up from a web of connections made between food, producers, consumers and place. Deeper appreciation for, and connection to, food and those growing it is one of these, and an enhanced sense of pride the farmers must feel in providing a service that benefits the people and businesses of their communities is another. And, as Ray points out, not least are the life-long connections that are forged between people when they work hard together in bringing an inspired vision to life.







A Merry Month of Music & More!

to the universe, wings to and gaiety to everything."

If Plato was right hemoths of Western philosophy — November in month.

by John Pigeau

To kick things off, there is a fantastic show on November 8 that will have country, folk and bluegrass music fans licking their lips, and it's a fundraiser for a great organization to boot. The night's roster is laden with talent, featuring the Richmond Ramblers, Howard Hayes and The Drifters, Tony Leduc, Almonte's Kelly Sloan, and three-time East Coast Country Music Award winner Ryan Cook. The night will also include a Country Legends set with Kelly Sloan, Ryan Cook, and the Drifters, who, by the way, are members of the prestigious



Ryan Cook and friends play a fundraiser for Champions for Kids on November 8

"Music is a moral law," Ottawa Valley Country Music in advance and available at Tick-the Full Circle Theatre. The alimagination, and charm oil painting, and a Celebrity Cow Calling contest. I'm admittedly and I'm not about to here, big cow cow?"), but for question one of the be- more information you can call 485-6434.

Proceeds from this event, Perth is sure to be one aptly called "Going Country thoroughly enchanting for Champions for Kids", will benefit the Upper Canada District School Board's Champions for Kids foundation. Established in 2008, the Champions for Kids foundation raises funds to help disadvantaged youth enjoy the arts and play sports, and to help families pay for costs associated with medical appointments.

> The show starts at 7PM on Saturday, November 8 at the Mason Theatre of PDCI. Tickets are (a steal at) \$12.50 in advance (or \$15 at the door) and available at Tickets Please online at <ticketsplease.ca> or in person at Jo's Clothes, at 39 Foster Street in Perth. You can also phone 485-6434 for tickets or more information.

Classical music enthusiasts will be pleased with MERA's latest series of shows — Blue Jean Classical Sunday Afternoons. On above, at Tickets Please. November 9, MERA welcomes Cecilia Ignatieff, a renowned concert and collaborative pianist (and teacher) who has played with major orchestras and other groups in Ottawa and Toronto, and who now lives locally. In this relaxed "Blue Jean" atmosphere, she will be introducing her wideranging repertoire — from Scarlatti to Scott Joplin — discussing the piano and answering questions from the audience. Tickets for this show — **Dances on Keyboard** — in the intimate space at new album, *Frost on Black Fur*, the MERA Schoolhouse, are \$24 in Perth on November 22 at

Plato wrote. "It gives soul Hall of Fame. There will be also ets Please at 39 Foster Street in bum features songs about dog be a silent auction table, featur- Perth. Teenagers get in for free! the mind, flight to the ing an original Michael Cliffen You can also inquire about a subscription to MERA's various musical series by phoning 485–6434. unclear about the latter ("Come Essentially, the more shows you see, the more you'll save — and if you plan on attending them all, a subscription will save you a nice the show. bit of money.

> The next show in this outstanding series, Music for Double Reeds and Piano, is December 14 and features a trio of richly talented musicians: pianist Michel Svczesniak, bassoonist Richard Hoenich and oboist Barbara Bolte. Save the date!

Jazz lovers? You have not been forgotten, and you can thank the Perth Performing Arts Committee for that. On Friday, November 14, PPAC presents the Denis Chang Gypsy Quartet. Influenced by the greatest Gypsy Jazz musicians, dazzling guitarist Denis Chang has quickly fostered his own style in a genre that, in recent years, has grown immensely more popular worldwide. This show is also at the Mason Theatre and starts at 7:30рм. Tickets are \$30 and available, as

The PPAC Series will continue into 2015 with some exciting shows including **Borealis String** Quartet (in March) and Yiannis Kapoulas (in April). You may wish to save the date for those concerts in the New Year, or gift a friend or loved one tickets for Christmas!

Having just moved back to Ontario after living in the Yukon for the past eleven years, singer/songwriter **Kate Weekes** is excited to be launching her

mushing in the Yukon winter, paddling in the Peel watershed, and travels to China and Ireland. Kate will be playing this gig as a duo with **Grant Simpson**, and she has invited local band The Conspiracy of Sound to open



Kate Weekes releases her latest CD in Perth on November 22

Tickets are \$15 students/ seniors, \$20 for adults, from more information, contact Bren-Shadowfax. The show starts at 7:30pm, and you can find out more at <kateweekes.com>.

To round out this merry month of music, on November 30, JUNO Award nominees The Sultans of String take the stage at the MERA Schoolhouse. If you've never seen this band, you really should — their music is like nothing you've ever heard before, but it certainly gives "wings to the mind," as Plato put it. I'm not sure who wrote the poster advertising the event, but it's so gorgeous I won't even try to paraphrase it: "Sultans of String thrill their audiences with their global sonic tapestry of Spanish Flamenco, Arabic folk, Cuban rhythms, and French Manouche Gypsy-jazz, celebrating musical fusion and human creativity with

warmth and virtuosity. Fiery violin dances with rumba-flamenco guitar while a funk bass lays down unstoppable grooves."

Quite so — if you see this band, you'll never forget what a delight it was. Promise.

The show is at 2PM at the MERA Schoolhouse. Tickets are \$24 in advance and available at

> Tickets Please. Visit them at 39 Foster Street (Jo's Clothes) or purchase your tickets online at <ticketsplease.ca>.

Lastly — and not to take second fiddle, so to speak, to all the musical happenings — there is exciting news on the art circuit with the November 1 Grand Opening of the town's newest business: Gleanings Studio & Art Gallery. Congratulations to proprietor Brenda Wright! And you can say so yourself at the Grand Opening which takes place at the gallery located at 17 Glascott Street — between 10 AM and 4 PM. For da at 267-5377.

Gleanings Studio & Art Gallery's goal, Brenda says, is to promote and provide fine art. The studio part of the business will be primarily a spot for artists to gather and create uniquely inspired paintings. Gleanings hopes to be a hub of artistic activity for artists of all ages and ability, offering workshops and classes and, on occasion, hosting exhibitions. In the gallery, you'll find original artwork by local artists for sale, as well as prints and cards, featuring a unique collection known as "prophetic art" (Christian/Biblical art).

Everyone is invited to drop by to help celebrate the Gallery's Grand Opening. Light refreshments will be served.











What the Oceans Tell Us About Climate Change

Next Lecture: 23 January, Bob Miller **How Democratic Government Works**

All Lectures: 7:30pm in the Almonte United Church Hall For information: almontelectures.ncf.ca

Guatemala Stove Project Fundraising Dance

Come on out and dance for a great cause! On Saturday, November 15, the Guatemala Stove Project (GSP) is hosting a fundraising dance featuring Kobo Town, a Canadian Caribbean group led by Trinidadian-Canadian singer-songwriter Drew Gonsalves. Based in Toronto, the band blends calypso music with a diverse mix of Caribbean and other musical influences, including ska, reggae, dub, rapso, zouk and hip hop. This is music you can dance to!

This annual fundraiser will feature a silent auction of items crafted by local artisans or donated by local businesses. There will also be a live auction with some desirable bigger ticket items. An assortment of gift baskets donated by local merchants will also be raffled off during the calendar now and get your tickets early!

a volunteer-based organization, is continuing its efforts to raise funds for the construction of masonry cook stoves for impoverished rural Mayan families. Over 5,000 stoves have been built so far, creating a lasting legacy for to Junior High School students highlands of Guatemala. Consider that a single stove extends the lives of each family member and maybe you have even made in a household by ten to fifteen a donation in the past. Now is years, and reduces the amount of firewood needed by half, which helps to preserve the country's precious forests.



Come out and dance for a great cause! The annual fundraiser for the Guatemala Stove Project takes place on November 15 at the Perth Civitan Hall, and features the Canadian Caribbean group Kobo Town.

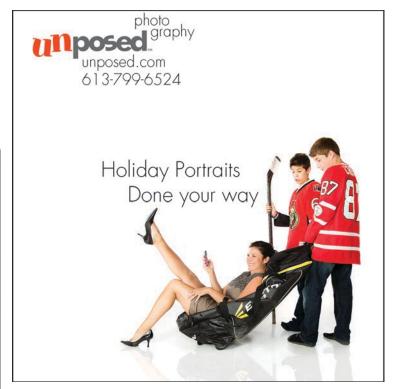
The GSP also supports susevening. Mark this date on your tainable development projects in over a dozen communities, and now issues micro-loans to The Guatemala Stove Project, indigenous women to start small businesses that will help lift them out of poverty. The group recognizes the importance of education in creating opportunity and hope for the future. They help provide scholarships this opportunity.

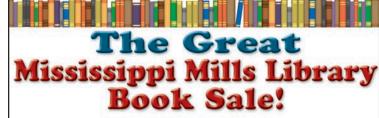
> You've heard about the GSP the time to deepen your connection to this worthwhile organization, conceived in the heart of Brooke Valley and reaching out

to the highlands of western Guatemala. Show your support for the indigenous people in Guatemala. Bring your dancing shoes to the Perth Civitan Club for this fantastic licensed fundraising event! You may even want to consider joining a small group of dedicated volunteers this February as they travel to Guatemala to build stoves and change lives.

Tickets are \$20 in advance rural families in the western who would otherwise not have at Shadowfax and Coutts and Company in Perth, or at the door for \$22. Tickets for students are \$15.

> Civitan Hall doors open at 7рм, and Kobo Town starts playing at 8PM. For more information, please call 267-5202 or see <guatemalastoveproject.org>.





Back by popular demand! Our Used Book Sales have been such a success that we are planning another.

Saturday, November 29 10AM-2PM Almonte Library

All proceeds will go towards expanding our DVD collection.

Please support your library and enjoy some fantastic bargains. There will be a wonderful selection of Books and DVDs to enjoy in the coming winter months. For information, please email lalbert@istar.ca.

Pick up the Humm in Perth at







Four Craft Shows and a Concert.

post and you can see right to the suggests Brad. bottom of your Halloween loot

whether or not to invite weird

Uncle Wally again... whether we need new lights for the tree... whether there's ley Artisan Show upstairs is a juenough money in the bank account... OR ried selection of over twenty-five whether to sign up for a cruise and just get artisans, crafters and bakers offeraway from it all.

But who wants to get away from our special people on your shopping list. Town at Christmas time? Not me — *espe*- Stained glass, pottery, scented soaps, cially as I'm the puppet spokesperson for and maple products, alongside phothe Town of Mississippi Mills. I don't want tography, walking sticks, beeswax to miss seeing all the decorations on the candles, things knitted and sewn, streets, or the amazing fireworks at Light and jewellery, as well as delicious Up the Night, or watching the Christmas cakes, cookies and sweets, are just parades, or going to the church bazaars some examples of what makes this and craft shows that start right about now. Almonte Christmas sale so popular. In fact, there's a bonanza of craft shows The Friends of the Mississippi Mills starting on the weekend of November 8 Textile Museum will also be on hand and 9, so get your Christmas gift list ready and head on out!

"For me it launches the Christmas season in Mississippi Mills," says Emily Arbour, organizer of Handmade Harvest the community centre, you'll find the Almonte Old Town Hall (Saturday 9AM-4PM, Sunday 10AM-3PM). She and her the Night show (which takes place every partner/husband Brad Weir have brought December on Mill Street). Yvonne Stewtogether more than 50 vendors each day, and Sunday has entirely different vendors sale, is happy to be raising money for such than Saturday. "We swap them overnight!" says Emily. "Check out "Purlin' J's Roving year and they need our support as much Yarn Co., who will have their retail truck as ever to keep it going," says Yvonne. parked out front. Shoppers will be able to She's also happy to be collaborating with board the bus to shop!" Inside the Town the two other craft sales on November 8 Hall, you'll find loads of popular craft ven- and 9. "With several craft sales on the dors old and new — some of whom are same weekend, it really is a big draw!" now represented at Hello Yellow, Emily's looking at all our neat stuff at Handmade casin making workshop? Bob and Lou-

When the pumpkin's on the com- Harvest, you can explore the Town,"

From the Old Town Hall, you can bag, it's time to put away your stroll west along Bridge Street until zombie costume and get ready for you come to the Almonte Potters the next exciting time of year... Guild Studio on your left. Drop into the studio because they're hav-Already it's November, with ing a sale as well, featuring the fine grey skies, shorter days and colder work of many local potters. Further winds. It's the time to start think- along the street you'll come to the ing about whose turn it will be to Almonte Community Centre, where cook the family turkey this year... you'll find two more great craft sales — both in the same building! Upstairs is the Valley Artisan Show and by Miss Mills, Puppet Reporter downstairs is the Christmas Craft and Vendor Show.

> The 26th Christmas in the Valing a wide variety of items for those to provide tasty homemade light

Downstairs in the Curling Lounge of <handmadeharvest.com>, held in the Christmas Craft and Vendor Show — a fundraiser for the ever-popular Light Up art, who is the main organizer of the craft a fantastic Christmas event. "It's the 24th

Now if you have an urge to make your store on Almonte's Mill Street. "After own presents, why not sign up for a moc-



On the weekend of November 8 and 9, Almonte is "Craft Show Central"! Above, Dr. James Naismith sports a festive quilt by Nadine Sculland, whose work can be found at the Christmas in the Valley

Artisan Show at the Almonte Arena

warmest, lightest, most comfortable pair of footwear you will ever wear in deepcold weather." For more information, call 705-586-1226 or Gilligallou at 461-7333.

Around Almonte in 80 Paintings

Another intriguing event in the works for November is an exhibition of eighty Mississippi Mills landscape paintings by Blair T. Paul, entitled "Around Almonte in 80 Paintings". Blair was born in Almonte and, over the course of his illustrious international career, has earned a fine reputation as a painter of stunning landscapes.

At Blair's suggestion, 45% of the proceeds from the sale of his paintings will go towards the build of a new statue to honour the next four years and thank you for your another of the town's world-famous native ise of Gilligallou Bird emporium, who are sons, Dr. R. Tait McKenzie, one of Canada's munity.

most renowned artists, physicians and educators. The likeness will complement the very popular existing statue of his great friend, Dr. James Naismith, which is situated on Mill Street. The location for Dr. McKenzie is yet to be determined.

Rather than being in just one gallery, Blair's works will be showcased in a Gallery Crawl on November 7, 7-9PM, when patrons can explore and experience Almonte's downtown art scene as they move from venue to venue — Palms, the Heirloom Café, and other galleries and restaurants.

This R. Tait McKenzie statue project is the brainchild of Blair T. Paul and other local parties. For further information, or to make a donation, contact <ttbpaul4@hotmail.com>.

And Now For that Concert...

While fall isn't the usual time to announce floral rebirth, it can be if you are a Ragged Flower. Like a bunch of begonias hankering for the spotlight, The Ragged Flowers need to bloom again — with a concert at the Old Almonte Town Hall on Saturday, December 6, at 8pm. This talented group is excited to announce the addition of the enormously tal-

meals and snacks. Free admission and free sponsoring this Lure of the North event, ented Terry Tufts to complete their musiare proud to say: "these moccasins are the cal bouquet — a wonderful gift for their garden of song. Tickets are \$25, available from <theraggedflowers.com>.



Finally, and most importantly, welcome to the new incoming Mississippi Mills Town Council! We wish you all well in efforts on behalf of our remarkable com-



ARKITCHEN IS OPEN 7 NIGHTS A WEEK LUNCH FRI SAT SUN

BOOK A TABLE ONLINE ALMONTEGETAWAY.CA 613-461-ARIK(2745)



Almonte is a destination for shoppers looking for both traditional gifts & services as well as unusual & well-curated one-of-a-kind finds. Working together to complement each other, our local shops, restaurants & services offer visitors a wonderful experience like no other. And we're not just saying that. Here, we are more than a beautiful small town. We're a community. Come see why people are saying:

I found it in Almonte



November 2014 www.thehumm.com

for details on holiday business hours, special shopping events, and fun things to do in town!



ECHOES OF TIME

We've got a second location for 4 months

to help you get ready for the season!

Pick up the Humm in Almonte at

MILL STREET BOOKS

A collection of Thoughtful, Mindful, and wondrous Encounters with Nature.

DEBORAH ARNOLD ALAN MIRABELLI

EXHIBITION EXTENDED TILL NOVEMBER 30









THOBURN MILL 83 LITTLE BRIDGE STREET ALMONTE, ON MON-FRI. 9AM-5PM

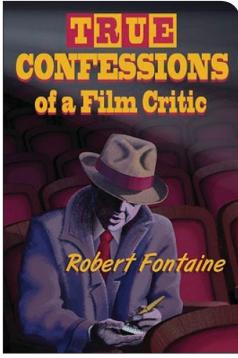
Robert Fontaine and Jersey Boys

Falls continues its outstanding November 6, again for cash only. fall program with two first class presentations in November.

about the news that Robert Fontaine, CBC Ottawa's film critic and author is coming to the Station Theatre on Saturday, November 8. Robert will read from his recent book, True Confessions of a Film Critic, engage the audience in an informal question and answer session, and sign copies of his book in the lobby after his presentation. You've heard Fontaine's wry wit on CBC Radio's All in a Day; now's your chance to see him in person. Note: his reading starts at 8рм.

Tickets for the evening's performance are \$15 — and that includes a wine and cheese reception in the lobby following the reading. Tickets may be purchased in advance at <smithsfallstheatre.com> (Paypal/Visa/Mastercard), by phone at 283-0300 (Visa/Mastercard), at the door the night of Night International's screening of Like Father, Like Son at

The Smiths Falls Community Film buffs are already excited month is a great new movie. Night and Can't Take My Eyes



This month the Station Theatre in Smiths Falls presents film critic Robert Fontaine on November 8, and a screening of Jersey Boys on the 21st and 22nd

Robert's visit (cash only). Tick- Jersey Boys, the film adaptaets will also be on sale at Film tion of the smash Broadway hit in touch with all our upcommusical of the same name, will ing shows — outstanding be screened on Friday, November 21 and Saturday, November 22. Directed by Clint Eastwood, *Jersey Boys* tells the story of Frankie Valli and his friends, liking Smiths Falls Community

The Station Theatre in Smiths the Station Theatre on Thursday, famous by their '60s band The Four Seasons.

> Sherry, Walk Like A Man, Theatre's second feature of the Big Girls Don't Cry, Oh What A

> > Off Of You... These and many more memorable tunes complement the story of the relationship between band members; their struggles and triumphs as they rise to the top of the charts yet never forget their New Jersey origins.

> > The Smiths Falls Station Theatre, located at 53 Victoria Avenue, has a fourteen-foot screen with a state of the art Panasonic projector system that produces high definition picture quality with surround sound audio capable of bringing that big screen movie experience to every viewer. The unique design of the auditorium ensures that all seats are obstruction-free and as comfortable as an easy chair at home. Tickets for Jersey *Boys*, sold only at the door for cash, are \$10 for adults, \$5 for students (with ID).

Patrons are invited to keep plays, great movies and special events. Simply sign up for the e-newsletter through a visit to <smithsfallstheatre.com> or by through musical numbers made Theatre on Facebook.



2015 MERA AWARD OF EXCELLENCE IN THE FINE ARTS AND CRAFTS

MERA (McDonalds Corners/Elphin Recreation & Arts) recognizes a local artist with the MERA Award of Excellence in the Fine Arts and Fine Crafts. The winner is chosen on the basis of their artwork. Eligible artists must submit their applications by January 31, 2015 and be citizens or permanent residents of Canada and live in the Township of Lanark Highlands, Tay Valley, Drummond/North Elmsley, Central Frontenac, North Frontenac or the Town of Perth. For more information and applications forms check

MERA's website at www.meraschoolhouse.org McDonald's Corners/Elphin Recreation & Arts (MERA)

is a non-profit community arts organization. This award is funded in large part by the generous donation to the Perth and District Community Foundation (PDCF) made by Chris and David Dodge, who conceived the Award.







Welcome to The Almonte Suites!

This newly renovated heritage home located in downtown Almonte, is comprised of 2 fully furnished Suites; each equipped with full-size kitchens, dens with large-screen TV's, 3 piece baths & bedrooms with high-quality beds & fresh, crisp linens.



each Suite provides that 'at home' feeling allowing our guests to relax on the couch, cool their own dinners and enjoy a level of comfort normally reserved for your own house. If dining out is preferred, many local restaurants as well as a large variety of shops are located within a 1-2 block walking distance.

Ideal for both short term and longer term stays.



For more information on amenities, pricing, availability or to book with us, please call 613-864-STAY (7829) or visit our website at thealmontesuites.ca

613-864-STAY (7829) Like us on Facebook! thealmontesuites@bell.net thealmontesuites.ca



Carp Farmers' Christmas Market

Ring out the bells, mark up your calenwill run on Friday, December 5 (3–8рм) and Saturday, December 6 (8AM to 2PM) in Carp's centrally located Fairgrounds.

sixty booths. Shoppers can browse to their hearts' content over a huge selection of great local products. You'll find everything from quality cuts of fresh meat (lamb, beef, pork and elk), eggs, veggies, apples, jams, jellies, preserves, honey and beeswax products, to a wide range of crafts: pottery, table runners and mats, children's clothing and handcrafted toys, alpaca products, jewellery and natural bodycare items. You will also find all sorts of Christmas wreaths, swags and centrepieces, with fresh Christmas trees available from the West Carleton Fire Fighters.

dars, and ring in the dates of this year's always appealing when energies are run-Carp Farmers' Christmas Market, which ning low, has expanded to include a taste of Mexico, with fresh tamales and enchiladas for those with a taste for spice.

The Carp Farmers' Christmas Market This year the market will feature over has become a much loved tradition and, in keeping with the Christmas spirit of sharing the plenty, shoppers are invited to bring a non-perishable item or two and "invest" in the 50/50 draw in support of the West Carleton Food Bank. There's no admission, there's lots of free parking, and it's wheelchair accessible.

With easy accessibility and lots of local, high quality goods to gift or simply take home and enjoy, Carp Farmers' Christmas Market has become for many a seasonal "must", and it's open, come what may, "rain, snow or shine".



This year, the annual Carp Farmers' Christmas Market takes place on Friday, December 5 and Saturday, December 6. Stock up on all things seasonal!

Celebrate the Night at Mill of Kintail

Don't dread the dark fall and winter night — whether that be in the call of an wonders that night brings! The Mississippi Valley Conservation Authority (MVCA) dark," she adds. invites the public to attend a "celebration tail Conservation Area.

night," says MVCA education coordinator for this event. Sarah O'Grady.

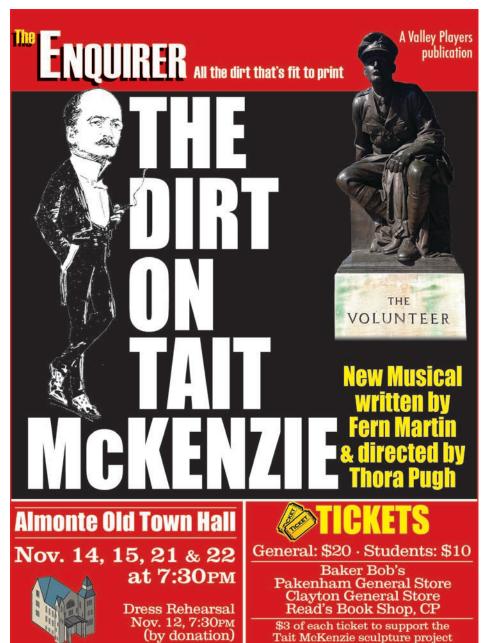
a fear of the dark — of the unknown and what may be "lurking about" — but, if they are educated and given the opportunity to for fun in the outdoors.

for people to experience the magic of the book.

months. Instead, why not embrace the owl, or a shooting star across the dark sky — there is so much to be discovered after

The Night Walk will feature a lanternof night" at Night Walk, from 6-8PM on lit hiking trail, nocturnal animal discov-Saturday, November 15 at the Mill of Kinery centres, star-gazing and astronomy, as well as a bonfire. The activities will "With the days getting shorter and take place outdoors in and around the nights longer, people tend to hibernate in- Education Centre area. Additionally, doors. We want to encourage families to there will be a warm indoor Snack Bar get outside and stay active, and we want located in the Gatehouse Conference people to know there is a lot to enjoy at Centre. The museum will not be open

Join O'Grady and other MVCA staff O'Grady notes that some people have and volunteers along with Pat Browne of the Night Sky Conservation program. An admission fee of \$5 per vehicle will go toward new play area equipment on explore the night in a safe, controlled en- site. For more information, please convironment, it opens up new possibilities tact Sarah O'Grady at 256-3610x1 or <sogrady@mvc.on.ca>, or 'Like' the Mill "Our hope is to provide an opportunity of Kintail Conservation Area on Face-





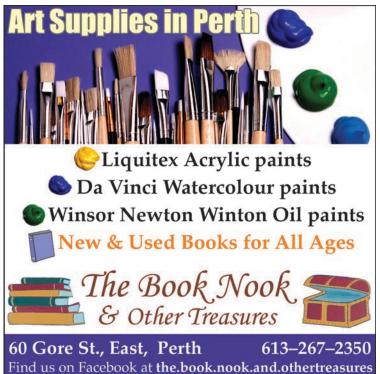
November 2014 www.thehumm.com





Pick up the Humm in Carleton Place at





Celebrate the Sparkle in Carleton Place!

It's time to register your float and get your business ready to take part in the Carleton Place BIA Evening Santa Claus Parade, with this year's theme "Celebrate the Sparkle".

The parade will be a sight to behold, with thousands of holiday revelers lining the streets to take in the excitement, over one hundred floats, and Santa Claus himself making his way through downtown Carleton Place!

Amid a sparkling cascade of LED Christmas lights and under the dark winter sky, the BIA (Business Improvement Association) hosts the annual evening parade on Saturday, November 29. The procession of spectacular floats will begin at 5PM at Carambeck Community Centre, and travel up the town's main thoroughfare, Bridge Street.

Lanark County Food Bank and monetary donations for the Christmas Basket Fund at the beginning and the end of the parade. Parking is free downtown, where visitors and residents can shop and dine amongst the 150 stores, restaurants and services.

Multiple plaques will be awarded to the most enthusiastic and decorative float designs that are consistent with the theme. At the end of the parade, a group of judges will select 1st, 2nd and 3rd place for the best walking float and the best use of theme float. There will also be awards for the best commercial float and best small independent busiwill be awarded to the best overall float.



This year's Carleton Place BIA Santa Claus Parade takes place on the evening of November 29

For more information or to register a float, contact The Civitan Club will be collecting food for the the BIA office at <cmcormond@carletonplace.ca> or 257–8049. Visit <downtowncarletonplace.com> for more information on the event, to see pictures from last year's parade or to download a registration form. For more upcoming events this Christmas season be sure to check out the rest of the site.

Each year, the BIA takes on more growth and thus more responsibility for the parade. Safety is always a concern for both participants and spectators alike. The organizing committee estimates that at least ten volunteers are needed to assist in the facilitation of the parade, at both the staging area and the receiving area. The BIA appreciates any help ness float, and a custom made spectacular trophy that can be offered. Volunteers will be provided with reflective jackets and radios.

ocal Connections to

Generation: Almonte and Area During WWI".

The exhibit tells the story of the men and wom-Great War. War was declared one hundred years ago on August 4, 1914, and men from Almonte and throughout Lanark County answered the call within a week. Over the four years of the war, approximately six hundred individuals with ties to the Almonte area enlisted for service, and one hundred paid the supreme sacrifice during the war, or died contains original photographs, documents, unithe early days of the war, the regional battalions, Tackaberry at 256-4221.

To mark the 100th anniversary of the start of the and life on the home front are included as part of Great War, the North Lanark Regional Museum in the exhibits. Some of the items on display have Appleton is unveiling its newest exhibit, "The Lost been kindly loaned to the museum by families of the men killed in the war. In addition, the exhibit will have a display of military and civilian buttons en of Mississippi Mills who fought and died in the from the time of World War I, courtesy of the Ottawa Valley Button Club.

The exhibit will be officially opened on Sunday, November 2, at 2PM. Local researcher Brian Tackaberry, who set up the museum's exhibit, will make a presentation on the men of Almonte and area during WWI, based on stories from the recently published book, *The Lost Generation of Mississippi* of injuries shortly after the Armistice. The exhibit Mills: WWI Casualties. The military exhibit will be open throughout November. For more information forms and artifacts from the war. Information on or to arrange a group tour, please contact Brian



Heritage Perth Christmas House Tour

the ninth annual Heritage Perth Christmas House Tour on December 6 and 7, presented by the women of CFUW Perth & District. Once again the tour opens the doors to some of the town's most unique homes between 10:30 AM and 3:30 PM each day.

Find Inspiration

The eight featured homes will provide you with a wealth of ideas for decorating your own home and planning renovations. Six of them will show you examples of houses from the past lovingly cared for and restored. The two newer ones will demonstrate what can happen when elements from the past are recycled and incorporated into the present. All of the homes pay tribute to the heritage of the area. Loholidays.

One brick farmhouse, dating from around 1910, features original wood trim throughout and a beautiful original staircase. All the wooden doors are original, as is much of the hardware. You will also enjoy an impressive home with Nepean sandstone exterior and rare second-storey balcony. The beautiful curved dormer is pressive columns.



This year's popular Heritage Perth Christmas House Tour takes place on December 6 and 7. Proceeds are used to support education in Lanark County

Enjoy the Mood

Ticket holders will have the pleasure of listening to many talented musicians while they tour, cal decorators and florists have including Juno award-winning helped the homeowners dress singer songwriter James Keelathe houses beautifully for the ghan and friends. Don't miss the chance to hear pianists Pam Newton, Clay Young, Tim Murray, Deb Wilcox, Margo Smith, Carol Husband, Jan Belcher, Sam Cavanagh, and Brad Mills. Violinists Alyssa Lafreniere, Bonnie Joyce and Joan Laforty will also be there, as will cellists Mary-Ellen Grigor and Beth Misener and another local group called "Raise Your Spirits", made up of Dale quite eye-catching, as are the im- Peckett, Doug Peckett and Catherine Hoople. In one home, you

will be served delicious gingerbread cookies from the Sunflower Bake Shop along with warm cider — just some of the "added value" to be enjoyed at CFUW's Heritage Perth Christmas House Tour this year.

Satisfy Your Hunger

Many local restaurants, designated by balloons, as well as St. James Church, have agreed to offer an Express Lunch to ticket holders for a modest price. In addition, they will donate a portion of the proceeds to the tour in support of CFUW's educational goals. Over the last eight years the house tour has made it possible for this organization to distribute \$125,000 in Lanark County, in the form of bursaries as well as financial support for other educational programs. By eating at these places, you are able to support the tour twice.

Tickets are \$30, and come in the form of a brochure illustrating the homes and their histories. They are available at Crush Marketplace in Almonte, Unravelled in Merrickville, Tivoli Florist in Ottawa, Home Furniture in Perth, Elizabeth Interiors in Smiths Falls, and Oderin Kitchen Supplies in Kingston. You can also call Muriel at 267-2270.







Diagonal Home Renovations

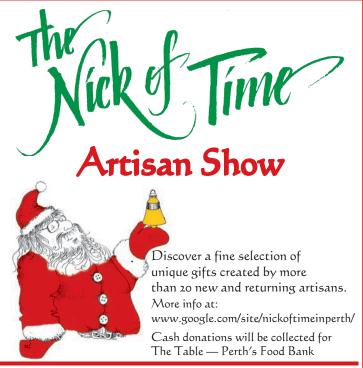
O: (613) 253-0058 M: (613) 863-6153

What you want, the way you want it.

www.thehumm.com

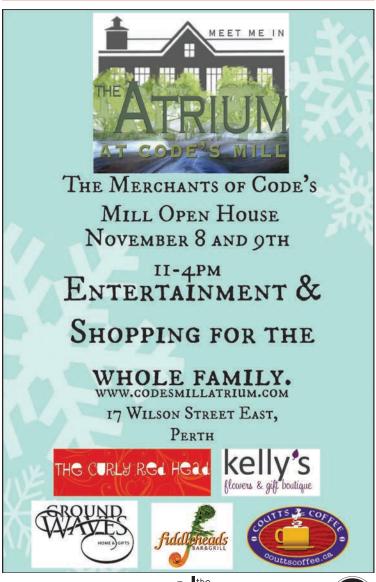


Pick up the Humm in Carp at



FREE Admission.... FREE Refreshments.... FREE Draw

10:00 am —4:00 pm Saturday, December 6th McMartin House 125 Gore St. E., Perth





Perth Tourism invites you to explore and discover Heritage Perth as we

Celebrate the season in Heritage Perth

November 21 **Festival of Lights** — fireworks in the Perth Basin and lighting of the Community Christmas Trees

in the Crystal Palace, 6рм (fireworks at 6:30рм)

November 30 Choral Evensong at St. James Anglican Church, 4PM

December 4-14 It's A Wonderful Life at Perth Studio Theatre December 6 Perth **Santa Claus Parade**, begins at 5PM

December 6 Nick of Time Christmas Artisan Show at McMartin House (125 Gore St. E.), 10AM–4PM

December 6 & 7 **CFUW Heritage Perth Christmas House Tour,** 10:30AM to 3:30PM

December 10 Men and Women of the Tay Christmas Concert at St. James Church, 7:30рм

December 13 **Build A Mountain of Food** at the **Winter Wonderland at Last Duel Park** — hot chocolate and

Christmas lights, 5–9рм

December 20 Christmas with the King (Elvis) at Perth Studio Theatre, 8PM January 1 **Polar Bear Plunge** in support of Perth 200th Anniversary

> Find out about more Perth events by visiting **www.perth.ca** and viewing the Calendar of Events, which will be updated frequently throughout the season.





Off the Holiday

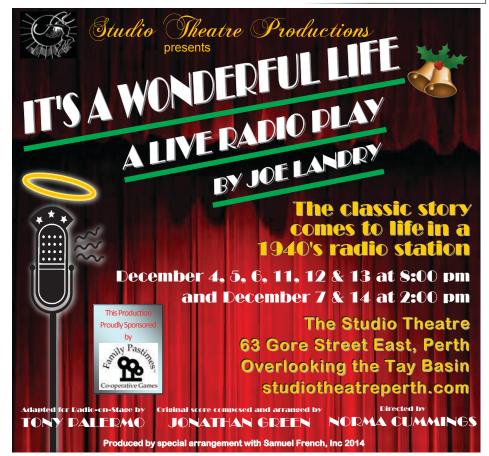
eritage Perth is located on the Tay River in Eastern Ontario, set against a backdrop of beautiful heritage architecture and plenty of open natural spaces. Perth is a small town with a big vision of how life should be, and we are proud of our strong community spirit. For almost two hundred years, we have been setting goals and moving ahead at a deliberate pace — just as our town motto says — Make Haste Slowly. Perth has grown with a strong sense of pride, prosperity and determination. As a community, we continue to foster the high expectations of our ancestors. Settled in 1816, Perth Ontario will celebrate its 200th Anniversary in 2016.

Perth Tourism invites you to explore Heritage Perth this Holiday season! As a small town with the perfect "Dickens" feeling, we all look to the Christmas Season. Heritage Perth offers a huge range of shopping, dining, arts and culture and entertainment options. Watch for Father Christmas as he often makes an appearance at the Perth Museum and Visitor Information Centre (11 Gore Street)! Like us at Perth Tourism Facebook!

The "Build a Mountain of Food Campaign" Rolls into Perth!

This Christmas Season, Perth Tourism will be partnering with Hugh Colton from Lake 88 and Town and Country Chrysler, as well as the Good Food Bank, to support the Build a Mountain of Food Campaign.

This year Hugh will roll into Perth for Winter Wonderland at Last Duel Park on December 13 at 6PM. Please bring a food donation for the Good Food Bank. Bring the family to enjoy the Christmas displays at Last Duel Park, and show your support of this local campaign during the holiday





Canadian Federation of University Women Perth & District

eritage Perth Christmas House Tour

December 6 & 7, 2014, 10:30 am to 3:30 pm

Eight unique homes, beautifully decorated for Christmas By local designers and florists

SPECIALLY PRICED EXPRESS LUNCHES offered only by St. James Anglican Church and local restaurants displaying colourful balloons-Just show your House Tour ticket and participating restaurants will donate a percentage of your meal value to CFUW!

TICKETS \$30 (cash or cheque only) available November 1 at



Home Furniture 18 Gore St. E, Perth

Crush Marketplace 14 Mill St, Almonte (613) 461-2211

Elizabeth Interiors 8 Chambers St, Smiths Falls (613) 283-7581

Oderin Kitchen Supplies 57 Brock St,

Kingston (613) 531-4544

Tivoli Florists

282 Richmond Rd, Ottawa (613) 729-6911

Unraveled

108 St. Lawrence St, Merrickville (613) 665-1902











Or call Muriel at (613) 267-2270









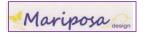






















www.thehumm.com November 2014



Christmas is Coming to Carleton Place

The Christmas Season is a magical time of **Christmas** year to share with family and loved ones. House Tour Carleton Place has much in store for you, Carleton Place will be holdas there are many wonderful events, fan- ing its third annual Christtastic holiday shopping opportunities, mas House Tour on the and delicious dining experiences to be en- weekend of December 6 and joyed. Included in the festivities are three 7. The tour showcases eight wonderful community events, all in sup- beautiful homes decked out port of the Carleton Place & District Me- for the holidays from top to morial Hospital (CPDMH) Foundation.

Santa Run

All runners, walkers and Christmas en- is something to be said for thusiasts are invited to participate in the an evening tour complete second annual Santa Run! This 5km run with twinkling lights, and supports the CPDMH Foundation: the the magic of a winter won-\$20 entry fee includes gifts for all par- derland to get oneself in the ticipants who register before Decem- holiday mood. ber 5 with prizes including a chance to The homes open for your win a free 3-month membership at Her- enjoyment are a combinaitage Community Fitness & Rehabilitation Centre! What better way to bring in dwellings. There are mansions and bunthe holidays than a winter run? For more galows to view, but none will disappoint. information and to register, please visit Each home will be offering cookies and <heritagefitness.ca>, call 253-2112, or hot apple cider, some will feature musiemail <santaruncp@gmail.com>.



bottom, with the special intention of putting visitors in the Christmas spirit. There

tion of heritage and newer

cians, and all will inspire. Visitors will be provided with a beautiful bag for their footwear, and each ticket comes with a wonderful prizes! Tickets are being sold at ten locations at the cost of only \$25 each, and all proceeds from this Christmas Event will be going to the CPDMH Foundation; a cause benefiting so many. The tour runs from 4:30–9:30PM on Saturday, December 6, and from 10AM-4PM on Sunday, December 7. Tickets can be



There are eight impressive homes on this year's Carleton Place Christmas House Tour, a fundraiser for the Hospital Foundation

purchased in Carleton Place at the Carleton Place Nursery, the Blossom Shop, and the Hospital Gift Shoppe; in Almonte at Crush Marketplace; in Kanata at In Bloom and Yarn Forward; in Stittsville at Pretty Pots Flower Shop; in Ottawa at Flowers Talk Tivoli and Tinseltown Christmas Foundation's largest fundraisers of the ballot for a chance to win one of eleven Emporium; and in Smiths Falls at Gemmell's Flowers.

Bowes Brothers Concert

can also catch a 7рм "Home For Christmas" concert at the Carleton Place Arena. tions, please contact Robyn at the Founda-The Bowes Brothers will be joined by spetion Office, 257-2200 x856 or by email at cial guests Melissa McIntosh and Cheryl <foundation@carletonplacehosp.com>.

Adrain. Tickets are only \$15, and can be purchased in advance at the CPDMH Foundation Office: 257-2200 x856. A perfect way to finish off a day of house touring on Sunday! All proceeds go to the CPDMH Foundation.

Santa's Check-Up and Tree Lighting

On December 14, Santa comes to town for his "Pre-Flight Check-Up", to help make sure he is clear for takeoff on Christmas Eve! Santa will be coming all the way from the North Pole with Mrs. Claus for this very important day. You are invited to join him at 4:30рм outside

the hospital for this special free event that includes hot chocolate and tasty treats. Why not stay a while to watch Santa light the BIG tree in front of the hospital!

Following Santa's Pre-Flight Check-Up on Sunday, December 14 is one of the year: the annual Tree Lighting Ceremony at the Carleton Place and District Memorial Hospital. The Christmas tree will be lit at 5РМ in honour, in celebration and in mem-On the evening of Sunday, December 7, you ory of loved ones. For more information and to participate in these special celebra-



Nick of Time Artisan Show

When you do your holiday shopping this year, would you like to buy unique gifts that are of lasting value, support the economy where you live, and enjoy your shopping experience in a traditional festive atmosphere?

If the answer is yes to any of the above, set some time aside to shop at the 21st annual Nick of Time Artisan Show, on Saturday, December 6, from 10 Aм to 4 PM at McMartin House, 125 Gore Street East in Perth.

This popular, long-established show is an integral part of Perth's old-fashioned traditional Christmas festivities and owes its success to a simple philosophy: keep the quality as high as possible (by featuring original juried works from over twenty gifted artisans) and keep the show as local

As you have come to expect, the traditional crafts will be well represented, in keeping with the ambiance of historic McMartin House and the spirit of the season. Look for delicately scented handmade soaps, natural evergreen centrepieces, pure beeswax candles, fine woodworking, a chocolatier, jewellery,





Kathy Sturmey's Christmas figurines will be making an appearance at The Nick of Time Show in Perth on December 6

and much more. Among the new offerings this year are whimsical, original polymer clay figurines, rustic furniture and household accessories, and fibre arts to decorate your floors and walls.

You will see the familiar faces of artisans from previous years, plus exciting new artisans with items that are sure to delight.

To satisfy your giving instincts at this time of year, cash donations will be collected for Perth's food bank: The Table. Any donation will be greatly

So take a break from the commercialism of the season and treat yourself by taking some time to bask in the relaxed and festive atmosphere of the 21st annual Nick of Time Show. Enjoy some hot cider and homemade goodies, as you are greeted by a hostess, dressed in period costume, and the strains of a Bach fugue which fills the cedar bedecked halls of one of Canada's most elegant heritage homes. Then let your shopping adventure begin as you recapture some of those warm and homey feelings of Christmases past, in the company of good friends and neighbours.

Be sure to enter the draw for a basket of fine gift items donated by participating artisans. Admission is free. For more information, check out <sites.google.com/site/nickoftimeinperth>.





14 Mill Street, Heritage Crt, Almonte 613-461-7333

www.gilligalloubird.com

1

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THE BEAUER. A CANADIAN ICON: **PEST OR ECO-HERO?**



ANNUAL DINNER & BENEFIT AUCTION with MICHAEL RUNTZ

Sponsored by Mississippi Madawaska Land Trust

Friday, November 7, 2014, 6 p.m. Almonte Civitan Club 500 Almonte St.

Tickets \$40, cheque or cash only Hello Yellow in Almonte, Read's Book Shop in Carleton Place. Village Treats in Lanark. Shadowfax in Perth, Pakenham General Store, Arnprior Book Shop, or call 613-278-2939 to reserve tickets for pick-up at the door





You'll have the perfect chance to "Replay The Beatles" at the Gallipeau Centre in Smiths Falls on November 8

The Ultimate **Beatles Replay**

back in the '60s, so it's probably safe to belly as you sing along to favourite songs say that, while The Beatles provided the like She Loves You, Help!, Yesterday, Pensoundtrack for a whole generation of Ca-ny Lane, Get Back, Hey Jude and thirty nadians, few of us got to see or experience more. The show lasts 90 minutes, with the band live. A sad reality that can be at least two costume changes. Add Livremedied! Replay the Beatles are playing erpudlian accents, on-stage antics, authe Gallipeau Centre Theatre in Smiths thentic costumes and instruments, and Falls on November 8, and these guys Replay is the closest you'll get to the real recreate the entire Beatles experience on thing! stage — look, costumes, accents, on-stage banter/antics and music.

are more like tributes," says Kristina it's a fun show." Timms, cultural animator with the City of Beaconsfield, QC.

consfield has been hiring Replay for their technician because they think it's imporregular summer concerts every year since tant. 2010 because they're such a crowd pleasthan 1,000.

"They're the closest thing you'll get to The Beatles — they look just like them reate that for the audience," says Oriettas. and sound like them. They're so tight and so good. It's a great show," says Jim Bray, account executive with Lake 88, who strument sounds exactly like the guitars, has seen their show twice, when they've bass and drums The Beatles used. played Perth and Brockville.

original Fab Four. You'll almost certainly during the show. See you there!

They only played five concerts in Canada get goose bumps and butterflies in your

"If you're a Beatles fan, you'll feel as if you've seen the Beatles," says John Ori-"Their show is a Beatles rock concert, ettas, aka Paul McCartney and the band instead of the usual Beatles shows which manager. "If you don't know the Beatles,

Their attention to detail is impressive, and extends to their sound. This group According to Timms, the City of Bea- of musicians travel with their own sound

"It's a bit like asking a chef to make a er, and they have increased attendance at soufflé — if they don't know what it is, the festival from audiences of 300 to more they won't be able to make it. It's the same with the sound — you have to know what The Beatles sounded like so you can rec-

> So, while they produce modern sound quality, they're very careful that each in-

Don't miss this "must see" show. Tickets The all-Canadian band members came are \$39.50 and can be purchased over the together serendipitously some twelve phone at 205-1493 or online through Tickyears ago and have been wowing audi- etpro at <gallipeaucentretheatre.com>. ences both in North America and Europe Or just drop by the office at 361 Queen ever since. Each member performs as the Street in Smiths Falls and pick them up at Beatle whose instrument he plays and it's the box office. The show starts at 8PM and just a wonderful coincidence that, once doors open at 7. Parking is free and ample, in costume, they manage to look like the and the cash bar and canteen will be open

85% of Lorne Elliott to Appear in Almonte...

Gotta love those monthly deadlines. Madly Off In All Directions, Lorne will be we couldn't resist running this note from call 256–9090." Mary and Terry Lumsden at Mill Street Books in Almonte:

"We are 85% sure you will have a chance to meet musician, comedian, playwright As soon as we are sure that all 100% of

While we usually try for 100% confirma- reading from his new book, The Goat in tion on the events we promote in print, the Tree. For further information, please



and novelist Lorne Elliott at Mill Street Lorne will be appearing in Almonte, we Books on Saturday, November 15 at 3pm. will send out a Facebook post about it, so Best known as the host of CBC Radio's feel free to "Like" us if you haven't already...

www.thehumm.com

November 2014



Dessert Tea & Gift Baskets

The Pakenham & District Civitan Club is hosting their 3rd annual Dessert Tea and Gift Basket Auction on Sunday, November 16, from 2–4PM at St. Andrew's United Church Hall on the main street in Pakenham.

The cost for this festive event is only \$5. Guests start by being served a selection of teas in their own pot, a bottomless cup of coffee, or fresh cool lemonade. Each table is adorned with tiered china plates filled with local Pakenham-baked squares or glutenfree sweets. Once thirsts are quenched and the "sweet tooth" is managed, auctioneer John O'Neill begins to sell off over forty-five amazingly crafted, decorated and remarkable themed gift baskets donated by Pakenham area businesses and Civitan members. The Michael Rikley-Lancaster, Padbaskets are ready to be gifted immediately or saved for that Christmas morning surprise.

It's just a delightful way to spend a November Sunday afternoon. Many guests bring their friends and make a day of it. They hope you will too!



CP Holiday Train 2014

The CP Holiday Train is North America's longest rolling food bank fundraiser. Since it began in 1999, the program has raised close to \$9.5 million and 3.3 million pounds of food. Over the three weeks of the program, musicians will play more than 150 concerts from a boxcar that has been turned into a travelling stage.

The concerts are free, but audiences are encouraged to bring a donation for their local food bank — either a non-perishable food item or a cash donation. All contributions will stay in their com-

Stops in the Valley

This year, the Holiday Train stops in Merrickville on November 28 at 5:45PM, and then continues on to Smiths Falls to play at 7:15PM. Both blues and soul artist **Roxanne Potvin** <roxannepotvin.com>, and power pop rock band Odds <oddsmusic.com> will play at those stops. For more information, visit <cpr.ca>.

Seeking Nominations for Cultural Awards

Mississippi Mills is a hub for **Cultural Volunteerism Award**. many cultural and artistic initia- It is presented to an individual, This is part of what sets the area apart as a community of distinction. But at much as we laud our community for its amazing artistic talents, we must never forget the people behind the vision. The Al and Glenda Jones, John and Young Awards Foundation has Mary Lou Souter and On Stage made it an annual tradition to do for Kids. just that — to celebrate the people behind the art. Each year the seeking nominations for both Young Awards Gala celebrates awards, and invites Humm our best and brightest with two readers to provide us with your special awards.

The **Cultural Achievement Award** is given to someone who has made a significant contribution to the arts and culture in the community of Mississippi Mills. Over time and through their work in the cultural sector, they will have exhibited a generosity of spirit and helped to develop the cultural mosaic of the community. Past recipients include dye Mann, Peter Mansfield and Shelly Smith, to name but a few.

The second award given out by the Foundation is the

a voluntary basis in a supporting role to enable and encourage the arts in Mississippi Mills. Previous recipients of this award include Michael Ryan, Jeff Mills,

The selection committee is suggestions of worthy nominees. There's no need to write an essay, or wax lyrical in an email. Just send us your nominee's name and your contact information, and one of our super nice committee members will be in touch. There is nothing more inspiring than hearing the excitement in someone's voice as they describe the many reasons why they feel their nominee deserves an award. This is the friendly town, and if you would prefer a good old-fashioned conversation to filling out a form, we would be happy to oblige!

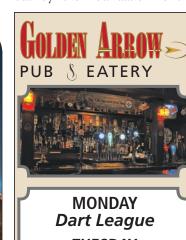
After the last event, we have added a few new names to our tives, pursuits and endeavours. group or program working on list, but we know there are more worthy individuals and organizations out there and we want your input. Like us on Facebook or visit <youngawards.ca> and let's get the conversation started. Who do you think deserves these

> The awards are given out at the Annual Young Awards Gala in May. All of the proceeds from this fundraising event are donated back to schools in Mississippi Mills to help support dynamic arts initiatives.

Young Awards AGM

If you are interested in finding out more about the Young Awards Foundation and their mandate of supporting arts in the schools, you are most cordially invited to attend their Annual General Meeting. It takes place on Tuesday, November 18 at 7рм at Foodies Fine Foods (34 Mill Street in Almonte). New members and interested parties are always welcome!

— Nicole Guthrie



TUESDAY Schnitzel Night **WEDNESDAY** 2 for 1 Fish & Chips **THURSDAY** Rib Night and \$5 & \$6 Apps **SATURDAY** Prime Rib Special **SUNDAY**

> Tuesday, Dec. 2 GREEK NIGHT

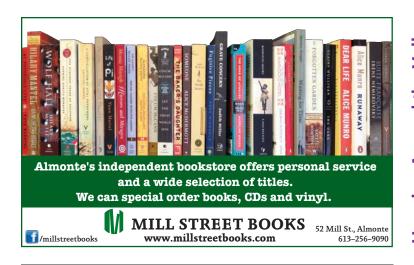
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Carleton Place Art Tour

There is a growing community of truly fine artists in Carleton Place. See for yourself as the Carleton Place Art Tour showcases exciting new work by sixteen local residents and their guests at seven locations in and around town on November 8 and 9. Get acquainted! Learn about the new ideas and techniques they are exploring. Visit private and group studios and arts-related businesses. You will see painting, pottery, glass, nesses. You will see painting, pottery, glass, encaustic, sculpture, photography, fibre art, collage and mixed media.

by Miss Cellaneous

A core group from previous years — Angie Willard, Mary Jane Lancaster, Jennifer Kelly, Victoria Jenkins and Jo-Ann Zorzi — will be joined by innovative artists new to the show. These include May Jenkins, Lynn Williams, Shannon Watson and Pat Purdy in private studios. Mary Pfaff, Jennifer Ryder-Jones, and Tony Clark will open up their new spaces at the historic MacArthur Island Mill. Sarah Evans will show at the Floral Boutique. Fortunée kins at 257–2588 or <avjenkins@rogers.com>.

Shugar and Jill Spear are at the Information Centre. Karen Wynn Mackay's work appears at Current

Before November 8, drop in at The Good Food Company to get a preview, as work by tour members will be on display. To see photos of participants' work, visit <carletonplacearttourandsale.

there are no long drives between sites, and signs will point the way. A map is posted online. Printed maps are available at Ballygiblin's, The Good Food Company and Surrounding Memories on Bridge Street, and the Information Centre at 132 Coleman.

By popular demand, this free event has been extended to two days this year: Saturday, November 8 from 10AM to 5PM and Sunday, November 9 from 10 AM to 4 PM. You are invited to enter a draw for a gift basket at every location.

Live dangerously — come in and see for yourself the stimulating art that is being made right here! You may just be tempted to choose an inspired gift that says you care.

For further information, contact Victoria Jen-

You'll find paintings by Pat Purdy (above) and many other artists at the Carleton Place Arts Tour on Nov. 8 and 9

MERA Award of Excellence

MERA (McDonald's Corners/Elphin Recreation & Arts) recognizes that artists are essential to the vitality and wellbeing of the communities in which they live and work. The MERA Award of Excellence in the Fine Arts and Fine Crafts is a \$1000 award given every two years to a local artist. The award was created in 2008 to provide a vehicle for celebrating area visual artists practising in the fields of fine art or fine craft, who demonstrate excellence in their work. The deadline for applications is January 31, 2015. The guidelines and application form are available on the MERA website at <meraschoolhouse.org>.

Each MERA Award recipient and runner up is given the opportunity to publicly present their artwork at the time the prize is awarded.



... Art is on Tour, on Fire, and on Display!

Call to Artists: Pakenham Tour

is looking for creative artists and crafters to participate in their next tour: Estates Winery. March 21–22, 2015.

up season, the Maple Run Studio Tour is a vember 23 and a Victorian Family Christpopular spring outing, taking in the views mas Tea on December 7, from 1-4PM. of Pakenham and surrounding area, with stops at studios and historic landmarks. Please see <mapletour.ca> and contact in Smiths Falls and will include a pop-up Barb at 623–5222 for more information.

Heritage House Art Show & Sale

From November 9 to December 21, the 33rd annual Art Show and Sale, an un-juried celebration of local artists and artisans.

Located in the Heritage House Museum at 11 Old Sly's Road in Smiths Falls, this art exhibition will feature the work of nearly forty artists, including past participants and new faces alike. The museum, alongside volunteer guest curator and former Smiths Falls Municipal Cultural Planner Lynne Clifford-Ward, looks forward to showcasing this fantastic artwork, which ranges from landscape, still-life, and abstract paintings to carvings and healing jewellery.

An exciting new addition to this year's exhibition will be the Christmas Artisan Market, where visitors may purchase locally handmade jewellery, pottery, cards, drawings, paintings, and other crafts with a retail value of less than \$100. The annu-

November 2014

al artists' reception will also feature new The Pakenham **Maple Run Studio Tour** and exciting additions, including a tasting hosted by Prince Edward County's Huff

Special events during this year's exhibi-In conjunction with Fulton's maple syrtion include a fundraising concert on No-The Farmsteads to Frontlines Concert will be held at the Royal Canadian Legion artisan market. The Smiths Falls Town Hall lobby will also feature work by local artists and artisans.

Visitors to the art show and sale are Heritage House Museum will host their welcome daily, Monday to Friday from 10:30AM to 4:30PM, and Saturday to Sunday 12-4:30рм; regular museum admission rates apply.



"Women on Fire" presents works by three potters and sculptors in Eganville

For more information or to purchase concert tickets, please contact the museum at 283-6311 or <heritagehouse@ smithsfalls.ca>.

Women on Fire in Eganville!

On November 7 and 8, the Watershed Gallery in Eganville is proud to present Women on Fire, an exhibition of pottery and sculpture by local artists Kathryn Kasaboski, Edie English and Rui Xi. The three women are all members of the Deep River Potters Guild. The exhibition and sale will include raku jewellery, teapots, vases, mugs and plates. The exhibition will run on Friday, November 7 from 4PM to 9PM, and Saturday, November 8 from call 639-0762.

HOMEmade for the Holidays

Two busy crafters and businesswomen tance of giving back to their community, have joined together to bring a unique and as a result have made it a goal to help crafter and artisan show to Carleton Place. a local charity or organization with each Creative Creations' début show, HOMEmade for the Holidays, will take place on shoppers are encouraged to bring the kids November 29, from 10AM to 3PM at the by to make something at the Young Crea-Carleton Place Arena.

some of the most amazing and talented cled goods (supplies will be included). All artisans and crafters from across the proceeds from this will benefit local com-Lanark County and Ottawa regions. munity programs. With over forty vendors showcasing gifts such as shawls, paintings, jewel-



HOMEmade for the Holidays, a brand new crafter and artisan show, débuts in Carleton Place on November 29

10AM to 4PM. All are welcome. Watershed lery, pottery and much more, shoppers Gallery is located at 83 Bonnechere Street will enjoy an endless array of hand-West in Eganville. For more information crafted products that are sure to make gift giving easy for everyone on their list this holiday season!

Creative Creations realizes the imporevent. At HOMEmade for the Holidays, tors Corner. For only \$2, a child can make The organizers have handpicked a unique gift for a loved one using recy-

> For more information, please visit <creativecreationsevents.ca>.



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are all made from scratch, using the best ingredients available. Now that the weather is turning cooler, we invite you to come in and experience our newest additions!

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The Beaver, a Canadian **Icon: Pest or Eco-Hero?**

Beavers have always had a special relationship with humans in Canada. Almost extirpated at one time, today they are widely recognized as a symbol of our country. But how much do we really understand them and their role in our world? Who to better help us understand and appreciate beavers and life in their ponds than Michael Runtz, renowned naturalist and photographer?

On Friday, November 7, the Mississippi Madawaska Land Trust (MMLT) will hold its Annual Dinner and Benefit Auction at the Almonte Civitan Club Community Hall, with Michael Runtz as the honoured guest speaker. The event also features a Benefit Auction offering a wide range of useful and uniquely interesting items, with proceeds going to help support the important work of the Land Trust.

Anyone who has ever heard Michael Runtz tell the stories of his wild adventures in the backwoods of Ontario will confirm that they are absolutely riveting. And these are not just tales he's got exceptional photographs to back them up!

Runtz has won numerous awards for his education and conservation efforts and community involvement. He believes that, through his work, he can help people understand and appreciate nature. He is the author of eleven books that demonstrate his wealth of knowledge and passion for nature, brought to life with his outstanding photography and enthusiasm.

Michael's many years of onthe-ground research into the habits and habitat of beavers back up this highly visual and entertaining presentation. It will provide an advance glimpse into his new book, Dam Builders: The Natural History of Beavers and their Ponds, due out next February. Many unusual beaver facts, including original observations and photo-



photographer and naturalist Michael Runtz

intimate glimpse into the world rently in negotiations with landinhabited by beavers. Beaver ponds are some of the most complex and important habitats of our regions. Like watching a first-rate play with a constantly changing cast of characters — beavers, otters, birds, amphibians, plants and other species — Michael will give us a tour of a dramatic show seldom seen so vividly.

This annual event is a fundraiser for the Land Trust, with proceeds helping support the ongoing costs of stewarding the graphs, will provide a captivating, of conservation lands, and is cur-

owners for 500 additional acres.

The event begins at 6PM, with dinner served at 7. Dress is casual. The Almonte Civitan Club Community Hall is located at 500 Almonte Street (Wolf Grove Road).

Tickets are \$40, cheque or cash only, available at Hello Yellow in Almonte, Read's Book Shop in Carleton Place, Village Treats in Lanark, Shadowfax in Perth, Pakenham General Store, and Arnprior Book Shop. For your convenience, you may also properties under its care. To date, email <vandenhoff@bell.net> or MMLT has protected 2200 acres call 278-2939 to reserve tickets for pick-up at the door.

Bittersweet Gallery

Discover artistic excellence at Bittersweet Gallery in The Heart of Burnstown

Features the clay-relief sculpture of Richard Gill and over 50 artists from across Canada Sculpture, Painting, Jewellery, Leather, Pottery, Glass & more

A country gallery with the broadest selection of diverse contemporary artwork in the area



5 Leckie Lane 613-432-5254 www.burnstown.ca

Blue Skies Presents JP Cormier Workshop

Renowned Maritime guitarist, singer and songwriter JP Cormier will be presenting a guitar workshop in Sharbot Lake. He is the master of many instruments, but is a genius on the guitar. His fingers fly with speed and precision, and he leaves his audience awed by his talent. JP will be performing on the evening of November 15 at the Sharbot Lake Inn, and will conduct his guitar workshop in the afternoon at the Oso Hall from 3 to 4:30рм.

Cormier's workshops for festivals, small groups or companies are a whirlwind of information and technical delight. This master of the instrument takes the workshop audience on a journey through "all things guitar". From purchase, technique and set up, to flat picking and finger-style, this workshop is an information bomb for players in any style or genre. Experienced guitarists with the prerequisite skills (ability to fluently play open chords, to use strumming patterns and to read guitar chord workshop.



Maritime artist JP Cormier will present a guitar workshop in Sharbot Lake on November 15

Presented by Blue Skies in the Community, the JP Cormier guitar workshop will be held on Saturday, November 15, from 3-4:30pm at the Oso Hall in Sharbot Lake. Cost is \$30 for adults or \$20 for students. To register for the workshop, or for furcharts) will be delighted with the content of the ther information, contact Marily Seitz at 479-2855 or at <seitz@xplornet.ca>.

The Last Post

In light of the tragic events of October 22, a column about *The Last Post* seems fitting. For me, the most moving part of Rememwhen the solitary bugler performs *The Last* Post and then completes the Reveille after two minutes of silence. This simple piece of music has the power to convey what words alone cannot. How it came to be associated with Remembrance Day is an interesting

by Tony Stuart

Music Matters

In simple terms, *The Last Post* is a piece of music played either on a bugle or a trumpet. For those who have never seen a bugle, think of a trumpet into their mouthpiece. Of course it is much more and, at the time of the writing of this column, The complicated than this, but that

describes it in layman's terms.

The Last Post originates from the British Army. It was also known as the Second Post, and was played at the end of the day during wartime when the duty officer returned from a tour of camp. It also had another, more significant purpose. During battle, it was a signal to those who were separated from their units that fighting was done and that it was safe to return. It also alerted wounded soldiers that help was on the way.

Military historians indicate that the tradition of playing *The* Last Post for fallen soldiers dates back at least to the 17th century,

lands. A tradition of summoning the spirits of the to those who made the ultimate sacrifice. fallen to a cenotaph already existed there, and British soldiers adapted it for use in ceremonies like we see today. In The Netherlands, their version of this type of bugle call is called a "taptoesignaal".

The playing of *The Last Post* as a salute to the fallen spread to all reaches of the British Empire in the 19th century and remains an important part of brance Day ceremonies is that moment commemoration services all over the Commonwealth. While it is played on Remembrance Day in Canada, in the United States it was replaced by a very similar piece called *Taps*. In either case, for a fallen soldier, this represents their final farewell, indicating that they can now rest in peace.

At the Menin Gate war memorial at Ypres, in Belgium, The Last Post is played every evening at 8PM to remember all those who gave their lives in the Battle of Ypres during the First World War. With the exception of four years during WWII when Ypres was occupied, the bugle has played at this spot every evening since 1928. During the occupation, it was played at Brookwood Cemetery in Engwithout any valves. Since the bugle has no valves, it land. However, when Polish forces liberated the city can only play notes in the harmonic series, which in 1944, the practice resumed, despite the fact that the bugler accomplishes by tightening and loosen- there was very heavy fighting nearby. I went on the ing the opening of their lips when they are buzzing Menin Gate website while researching this article

> Last Post had been performed there 29,740 times. The intent is to carry on this tradition in perpetuity. For those of you who may be interested, the site address is <lastpost.be/en/home>.

> I was briefly a member of the Canadian Forces about twenty years ago, and I still remember the sense of sadness when we removed our head dress and bowed our heads while the bugle played its solitary lament. I can only imagine what it must feel like for veterans, and for families and friends of the fallen, both past and present. I hope that someday, when I am an old man, that The Last Post will still be played every No-

while British troops were stationed in The Nether- vember 11 and that we will continue to pay tribute

Tony Stuart is the Music Director at Notre Dame Catholic High School in Carleton Place, and a freelance professional musician.



Kevin and Sue Casey will speak about their travels to Iceland at the Almonte Library on November 4

Travel to Iceland This November!

The Mississippi Mills Public Library's Travelogue series aims to connect community members with diverse travel experiences. Organizers hope to inspire adventure seekers and satisfy armchair travellers alike!

Their second travelogue will take place on Tuesday, November 4 at 7PM in the meeting room at the Almonte Library. Join the Caseys as they present spectacular photographic images of their October 2013 trip to Iceland.

Kevin and Sue Casey enjoy self-guided travel, experiencing different foods, and checking out chocolate shops. They research their trips carefully to include popular sights as well as some lesstravelled and out-of-the-way locales for Kevin to photograph. Through this travelogue they will share their experiences with Iceland's food, car rentals, accommodations, currency, gas cards and clothing. Iceland is a beautiful country that you may want to add to your list of places to visit!

Then on Tuesday, December 9, hear about BC's West Coast Trail from Rick Scholes. For more information, google "Almonte Library" or contact Jocelyn at 624–5306. These events are free.





Pottery Sale

November 8 & 9 10AM to 4PM

613-256-5556 95 Bridge Street, Almonte www.almontepottersguild.com



Visual Arts @

Art Journey Art Show & Sale, Oct 31 (6-9PM), Nov 1-2 (10AM-4PM). Smiths Falls Com. Centre. artiourneysmithsfalls.com

Art Gallery Opening, Nov. 1, 10AM-4PM. Refreshments. Gleanings Studio & Art Gallery, 17 Glascott St., Perth. 267-5377

Art in Costa Rica, Nov. 3, 7-9PM. With Martine Racette and Margaret Ferraro. RSVP margferraro@xplornet.ca. The Barley Mow, Almonte. Free

Gallery Crawl, Nov. 7, 7PM. Blair Paul's art, 45% proceeds to fund R. Tait statue. Downtown Almonte

CP Art Tour & Sale, Nov 8 (10AM-5PM), 9 (10AM-4PM). Carleton Place. carletonplacearttourandsale.wordpress.com

Jewellery Exhibit & Sale, Nov. 8, I I AM-8PM. By Anita Cerro. Fall River Restaurant, Maberly. Info:fallriverrestaurant.ca

Almonte & Area Artists' Assoc Mtg, Nov. 10,7:30PM. Speaker Eileen Stevenson. Almonte Library. 256-5863, 4a-artists.ca

Bill Pratt for Therapeutic Riding, Nov. 10, 6:30_{PM}. A-V show. Almonte United Church, therapeuticriding.ca. \$15 Gift of Art Show & Sale, Nov. 15,

16, 10AM-5PM. Kanata Civic Art Gallery. 580-2424x33341, kanatagallery.ca Arts CP AGM, Nov. 17,7PM. (upstairs), The

Thirsty Moose, CP. artscarletonplace.com Flippin' Art Night, Nov. 20, 5-7PM. Sarah Moffat & Dennis Morrow. Arts CP., Bal-

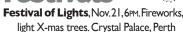
lygiblin's, CP. artscarletonplace.com. Free \$100 & Under Art Show & Sale, Nov 21 (5-9), 22 (10-5), 23 (10-4). Smiths Falls Com. Centre, rideaulakesartists.com

Red Trillium Studio Tour, Nov. 22, 23, 10AM-5PM. West Carleton area. redtrilliumst.com. Free admission

Art in Action Fashion Show, Nov. 23, 1-3PM. Wearable art., General Fine Craft, Almonte. generalfinecraft.com

Arnprior & District Quilters' Guild, Nov. 26, 7-9 PM. Christian Ed. Centre, Arnprior. arnpriordistrict quilters guild.com

Festivals



Pakenham Country Christmas, Nov. 29,9AM-4:30PM. Breakfast w/Santa, craft fair, caroling, tree lighting. Pakenham. 624-5532

Santa Claus Parade, Nov. 29,5pm. Bridge St, Carleton Place. 257-8049, downtowncarletonplace.com

Theatre



An Evening of One Act Plays, Nov I 8PM; Nov 2, 2PM. Studio Theatre, Perth. 267-7469, studiotheatreperth.com

O'Brien Renfrew Film Series: Calvary (Nov. 5), **Trip To Italy** (Nov 19) 7:30pm. O'Brien, Renfrew. obrientheatre.com

Film Night Int'l: **Like Father, Like Son** Nov 5, 2PM/7PM (Perth); Nov 6, 7PM (SF). **Pride** Nov 19,2PM/7PM (Perth); Nov 20,7PM (SF). filmnightinternational.blogspot.ca

Hilda's Yard, Nov 7, 8, 14, 15 7:30pm; Nov 9, 15 2PM. \$15 at Bonnie Jane's Scones. Christian Ed. Centre, Arnprior. 623-5585

Robert Fontaine, Nov. 8, 8PM. Reading, then Q&A, wine & cheese. Station Theatre, SF. smithsfallstheatre.com. \$15

The Dirt on Tait McKenzie, Nov. 12, 7:30_{PM} (by donation), Nov. 13, 14, 21, 22, 7:30 (\$20/10). Tickets at Baker Bob's, Reads.Almonte OldTown Hall. 256-2018

Jersey Boys, Nov. 21, 22, 7:30PM. Station Theatre, SF. smithsfallstheatre.com. \$10 Cinderella, Nov 28-29, Dec 5-6 at 7:30PM;

Nov 30, Dec 6 at 2PM. Tickets at Reads. CP Town Hall. mississippimudds.ca. \$20/\$15 **Every Christmas Story Ever Told, Nov.** 28-29, Dec 4-6 at 8pm; Nov 30, Dec 7 at

2PM. Full Circle Theatre, Perth. 267-1884,

barndoorproductions.ca. \$22; \$20/\$10

Monday

FIELDWORK presents outdoor art installations <fieldworkproject.com>

■ **Fairview Manor Foyer** presents "Distillations", the photography of Felicity Somerset

General Fine Craft, Art & Design presents Carmella Karijo Rother's felt sculpture & John Ward's turned wood [to Nov 16]; Diane Lemire's wearable art & Dushka's jewellery [from Nov. 18] <generalfinecraft.com>

■ Heritage House Museum presents annual art show & sale <smithsfalls.ca/heritagehouse> [from Nov 9]

Tuesday

■ MVTM presents Reiko Sudo + Nuno — textiles from Japan <mvtm.ca> [to Nov 22]

Palms Coffee Shop presents Blair T. Paul's Around Almonte in 80 Paintings <palmsonline.ca>

The Mississippi Mills Chambers Gallery presents Barbara Mullally & R. Pauly's jewellery & hats

The **Almonte Library Corridor Gallery** presents Kerry Stothers' oil portraits

Thoburn Mill Gallery presents Deborah Arnold & Alan Mirabelli

Carp Celtic Jam, Carp Masonic

Art in Costa Rica, Almonte Rotary Club Mtg, CP

♪ Brock Zeman & Blair Hogan, O'Reilly's

Green Drinks, Perth

Travelogue: Iceland, Almonte

Calvary, Renfrew

Chiropractic & Kids, Almonte

Horticultural Soc., Carleton Place Head over Heels, The Cove

Wednesday

WHAT'S ON IN

Like Father, Like Son, Perth

Open Celtic Jam, Naismith Pub

Open Jam, O'Reilly's Pub

Open Mic, Grumpy's

Probus Club Meeting Perth

Bazaar/Chili Luncheon, Almonte

Thursday

Blues Jam, Grumpy

Jazz w Ric Denis, Almonte Riverside

→ Hunter's Ball, The Cove

Jazz at Bally's, Ballygiblin's

E Like Father, Like Son, Smiths Falls

Musicians' Circle, Bolingbroke ♪ Open Mic, Alice's Village Cafe

→ Open Mic, Golden Arrow

Almonte & Area Artists' Mtg.

Bill Pratt for Therapeutic Riding,

Carp Celtic Jam, Carp Masonic Lodge Rotary Club Mtg, CP

♪ Brock Zeman & Blair Hogan, O'Reilly's Pub

Rob Robbins, Grumpy's

♪ Brock Zeman & Blair Hogan,

O'Reilly's Pub

Nutrition Workshop, Almonte

Karaoke w/Barry, Grumpy's

Young Awards AGM, Almonte

Poetry/Prose Open Mic, Stittsville

Adult Bereavement Group, Perth Maude Barlow Talk, Almonte Genealogy Workshops, Appleton

Open Celtic Jam, Naismith Pub Open Jam, O'Reilly's Pub

Open Mic, Grumpy's

Shawn McCullough, The Cove

The Dirt on Tait McKenzie, Almonte

Jazz w Ric Denis, Almonte Riverside

Blues Jam, Grumpy's

Genealogy Workshops, Appleton

Christmas Kick-Off, Almonte

Lily Kershaw, Neat Coffee Shop

Musicians' Circle, Bolingbroke Open Mic, Alice's Village Cafe

♪ Open Mic, Golden Arrow

🗘 Drug-Free Mgmt of Arthritis Pain,

Open Celtic Jam, Naismith Pub Open Jam, O'Reilly's Pub

Open Mic Grumpy's Pride, Perth

Shawn McCullough, The Cove Trip to Italy, Renfre

♪ Jazz w Ric Denis, Almonte Riverside 🗘 Blues Jam, Grumpy's

Flippin' Art Night, Carleton Place Musicians' Circle, Bolingbroke

→ Open Mic, Alice's Village Cafe

Open Mic, Golden Arrow

Pride, Smiths Falls

Book Talk, Amprior Carp Celtic Jam, Carp Masonic Lodge Rotary Club Mtg, CP

Arts CP AGM, Carleton Place

Carp Celtic Jam, Carp Masonic Lodge
Rotary Club Mtg, CP

→ Brock Zeman & Blair Hogan,

♪ Michael Kaeshammer, Neat Adult Bereavement Group, SF

Arnprior Quilters' Guild, Amprior Open Celtic Jam, Naismith Pub

Open Jam, O'Reilly's Pub

Open Mic, Grumpy's

Jazz w Ric Denis, Almonte Riverside Blues Jam, Grumpy's

Jenn Grant, Neat Coffee Shop

Musicians' Circle, Bolingbroke

Open Mic, Alice's Village Cafe

Open Mic, Golden Arrow

Ross Neilson, CP

Vintage Christmas Show, Pembroke

iterature

Wanda Praamsma, Nov. 1,4:30pm. Poetry reading. Mill Street Books, Almonte. 256-9090, bookthug.ca

LiPS Poetry Slam/Open Mic, Nov. 7, 7PM. The Thirsty Moose, CP. lanarklips@ hotmail.com,. \$5 (performers free)

oetry/Prose Open Mic, Nov. 18, 7pm. Audience welcome. Gaia Java, Stittsville. vivtay@kos.net

Book Talk, Nov. 24, 7PM. Jennifer DeBruin, Shadows in the Tree. Arnprior Library Used Book & DVD Sale, Nov. 29, 10AM-

Almonte Library, lalbert@istar.ca.

2PM. Funds go towards DVD collection.

MUSIC



Blue Moon Café, Nov. 1, 7:30pm. Edge plays pop hits of past 40 yrs. St. Andrew's Presbyterian Church, Perth. \$10

Musicians' Circle, Thursdays, 7PM. Musicians only - all ages. ABC Hall, Bolingbroke. 273-9005. \$5 for hall

Frankie Valli & 4 Seasons Tribute, Nov. 8, 8_{PM}. Studio Theatre, Perth. 267-6817, shadowfax.on.ca. \$30 **Going Country for Champions for**

Kids, Nov. 8, 7PM. Ryan Cook & friends. PDCI, Perth. ticketsplease.ca. \$15/\$12.50 40s Songs with Roger Fowler, Nov. 9, 2PM.Wartime classics.St George's Anglican

Church, Clayton. 256-9010 Cecilia Ignatieff, Nov. 9, 2PM. Scarlatti to Scott Joplin. MERA Schoolhouse, McDonalds Corners. ticketsplease.ca. \$22

PPAC: Denis Chang Gypsy Jazz Quartet, Nov. 14, 7:30_{PM}. PDCl, Perth. 485-6434, ticketsplease.ca

JP Cormier Guitar Wkshp, Nov. 15, 3_{PM}. 479–2855. Sharbot Lake

Fundraiser w/ Kobo Town, Nov. 15, 7PM. Guatemala Stove Project. \$22; \$20

in adv (Shadowfax, Coutts). Perth Civitan Hall 267-5202 Choral Evensong, Nov. 16,4PM. Piano four

hands with Val Leavitt & Brad Mills., St. lames Church, Perth. 267-1163 BOTR: Fathead, Nov. 21, 7-11PM. The Cove, Westport.bluesontherideau.ca,

I-888-COVE-INN,\$60+tx dinner & show Goulbourn Jubilee Christmas Concert, Nov. 22, 7PM; Nov 23, 2PM. Glen Cairn United Church, Kanata

Kate Weekes, Nov. 22, 7:30pm. w Grant Simpson. Full Circle Theatre, Perth. kateweekes.com. \$20;/\$15 (Shadowfax)

Farmsteads to Frontlines Concert, Scott Woods Country Christmas, Nov. 23. Fundraiser for Heritage House Museum. Smiths Falls Legion, 283-6311 Josh Latour, Nov. 23, 4PM. Fall River Restau-

rant, Maberly. fallriverrestaurant.ca Traditional Song Session, Nov. 23, 2-4PM. The Barley Mow, Almonte. 355-5552, dpbaril@gmail.com

Ross Neilson, Nov. 27, 9PM-2AM. Dinner & show \$25; show only \$10. Carleton Heritage Hotel, CP. 253-1300 Vintage Christmas Show, Nov 27 (Festival

Hall, Pembroke, 735-2182), Nov 28 (PDCI, Perth, 485-6464), 8PM. 735-2182. \$29.99 lazz House Concert, Nov. 29, 8pm. The

Jason Raso Quartet. jazzn.ca. \$25 cash Soulcracker, Nov. 29, 9PM-2AM. Carleton Heritage Hotel, 7 Bridge St., CP.253-1300,

thechboutiquehotel.com. \$12 Advent Procession with Carols, Nov. 30,4PM. Choral music at St. James Church,

Perth. 267-1163, stjamesperth.ca Nov. 30, 2PM. Tickets at 1-855-726-8896.,

St. John Chrysostom, Arnprior. \$25/\$10 The Sultans of String, Nov. 30, 2PM. MERA Schoolhouse, McDonalds Corners. 485-6464, ticketsplease.ca. \$24 in adv

The Naismith Pub (Almonte, 256-6336): Celtic Jam Wed, no charge (7:30-10PM)



10VEMBER 2014



Friday Saturday Sunday

An Evening of One Act Plays, Perth Art Journey Art Show & Sale, Smiths Falls An Evening of One Act Plays, Perth Art Gallery Opening, Perth An Evening of One Act Plays, Perth → Hallowe'en Party w/The Lucky B's, Golden ■ Art Journey Art Show & Sale, Smiths Falls Art Journey Art Show & Sale, Smiths Falls Magnolia Rhythm Kings, The Royal Oak → Halloween Party w/Spencer Evans Trio, The → Blue Moon Café, Perth Open Mic w/Kelly Sloan, Ashton Pub 🕮 Wanda Praamsma, Almonte Scottish Country Dancing, Perth Talk: The Lost Generation, Appleton George Reynolds, Golden Arrow Nalley Singles Lunch, Eganville Southbound, Grumpy's Head over Heels, The Cove Talk: The Lost Generation, Perth Steve Barrette Trio, The Swan at Carp Sun on the Floor, Gaia Java Lots of Craft & Artisan Shows!, Almonte ♪ 40s Songs with Roger Fowler, Clayton Robert Fontaine, Smiths Falls ♪ APEX Jazz Band, The Royal Oak Code's Mill Open House, Perth Gallery Crawl, Almonte Cecilia Ignatieff, McDonalds Corners CP Art Tour & Sale, Carleton Place Hilda's Yard, Arnprion Christmas Craft and Vendor Show, Almonte Frankie Valli & 4 Seasons Tribute, Perth
Going Country for Champions for Kids, Perth Jully Black, Neat Coffee Shop Christmas in the Valley Artisan Show, Almonte LiPS Poetry Slam/Open Mic, CP Clay Young Duo Jazz Brunch, Fiddleheads Hilda's Yard, Arnprior MMLT Dinner with Michael Runtz, Almonte Code's Mill Open House, Perth Jewellery Exhibit & Sale, Maberly Scottish Country Dancing, Perth CP Art Tour & Sale, Carleton Place Lanark Open House, Lanark Village Shawn McCullough, Golden Arrow Handmade Harvest Craft Show, Almonte Long Sault Trio,The Cove

 Hilda's Yard, Amprion Terry Tufts & Kathryn Briggs, The Cove

 Terry Tufts & Terr ♪ Replay The Beatles, Gallipeau Centre ♪ Open Mic w/Kelly Sloan, Ashton Pub The Help, Golden Arrow Women's Fair, Carleton Place Women's Fair, Carleton Place Almonte Farmers' Harvest Market, Almonte Amos the Transparent, Neat Coffee Shop The Dirt on Tait McKenzie, Almonte ♪ Brea Lawrenson, Golden Arrow **Christmas Open House**, Equator Coins & Sax, Almonte **M** Genealogy Workshops, Appleton Choral Evensong, Perth **Genealogy Workshops**, Appleton High Valley, Neat Coffee Shop Dan DesLauriers, Grumpy's Gift of Art Show & Sale, Kanata Hilda's Yard, Amprior Dessert Tea & Gift Basket Auction, Pakenham GSP Fundraiser Dance: Kobo Town, Perth John Wilberforce, The Cove Gift of Art Show & Sale, Kanata Head over Heels, The Cove Hilda's Yard, Arnprior PPAC: Denis Chang Quartet, Perth Magnolia Rhythm Kings, The Royal Oak Scottish Country Dancing, Perth Open Mic w/Kelly Sloan, Ashton Pub Hoot for Hospice!, Renfrew Steve Barrette Trio, The Swan at Carp Mill of Kintail Night Walk, Almonte The Broccolees, Golden Arrow The Dirt on Tait McKenzie, Almonte United Church Bazaar/Lunch. North Crosby SI00 & Under Art Show & Sale. Smiths Falls ♪ APEX Jazz Band, The Royal Oak SI00 & Under Art Show & Sale, Smiths Falls The Dirt on Tait McKenzie, Almonte Art in Action Fashion Show, Almonte 100 & Under Art Show & Sale, Smiths Falls → Goulbourn Jubilee Christmas Concert, Kanata → Buck 65, Neat Coffee Shop Head over Heels, The Cove Jersey Boys, Smiths Falls Blackie and the Rodeo Kings, Neat Coffee Shop Clay Young Duo Jazz Brunch, Fiddleheads Festival of Lights, Perth Farmsteads to Frontlines Concert, Smiths Falls **▶** BOTR: Fathead, Westport ■ Goulbourn Jubilee Christmas Concert, Kanata Red Trillium Studio Tour, West Carleton Jersey Boys, Smiths Falls Iosh Latour, Maberly Respectables, Golden Alliow
The Dirt on Tait McKenzie, Almonte Scottish Country Dancing, Perth Open Mic w/Kelly Sloan, Ashton Pub Social Animals, Golden Arrow Red Trillium Studio Tour, West Carleton Festival of Good Cheer, Perth Violet Femmes Gala, Almonte The NightCrawlers, Generations Inn Traditional Song Session, Almonte Brea Lawrenson, Golden Arrow Christmas Craft Show, Carleton Place Advent Procession with Carols, Perth **Cinderella**, Carleton Place Every Christmas Story Ever Told, Perth Cinderella, Carleton Place Almonte Lectures: Oceans/Climate, Almonte **Cinderella**, Carleton Place Every Christmas Story Ever Told, Perth Head over Heels, The Co HOMEmade for the Holidays, Carleton Place Every Christmas Story Ever Told, Perth Finders Keepers Craft Show, Carleton Place ♪ Jazz House Concert, Almonte Magnolia Rhythm Kings, The Royal Oak Jarvis Church, Neat Coffee Shop Old-Fashioned Xmas/Outdoor Artisan Mkt, Lucky Bs, Golden Arrow MERA Christmas Fair, McDonalds Corners * Pakenham Country Christmas, Pakenham

Scottish Country Dancing, Perth Steve Barrette Trio, The Swan at Carp Vintage Christmas Show, Perth

The Swan at Carp (Carp, 839-7926):

7-10pm, no cover

Brunch, 12-3PM

on Sun, no cover, 2-5PM

Nov 9, 23 Clay Young Duo

Nov 9, 23 APEX Jazz Band

The Cove (Westport, 273-3636):

Nov 6 Hunter's Ball, 8-1 IPM

Nov 8 Long Sault Trio, 6-9PM

Norwood & Friends, I-4PM

Nov 14 John Wilberforce, 6-9PM

Nov 14, 28 Steve Barrette Trio, jazz,

The Royal Oak (Kanata, 591-3895): jazz

Nov 2, 16, 30 Magnolia Rhythm Kings

Nov 1, 5, 15, 22, 29 Head Over Heels

Nov 7 Tufts & Briggs (K.E.W.T.), 8-1 IPM

Nov 12, 19 Shawn McCullough, 6-9PM

Nov 29 Santa Claus Parade with Henry

O'Reilly's Pub (Perth, 267-7994): 8:30pm.

Tuesdays Brock Zeman & Blair Hogan,

Wednesdays Open Jam w/Dave Balfour

Farmers' Mkt & Craft Sale, Perth **Ballygiblin's** (CP,253-7400), jazz, no cover Nov 6 Peter Brown, Don Paterson, Dave Arthur, Glenn Robb, 6-9PM

Soulcracker, CP

* Santa Claus Parade, Carleton Place

Used Book & DVD Sale, Almonte

Santa Claus Parade w/H. Norwood, The Cove

Fiddleheads (Perth, 267-1304): Sunday Jazz Neat Coffee Shop (Burnstown, 433– 3205): 8pm

> Nov 7 Jully Black, \$65 Nov 8 Lee Harvey Osmond, \$40 Nov 13 Lily Kershaw, \$20

Nov 14 High Valley, \$45 Nov 15 Amos the Transparent, \$15

Nov 21 Blackie and Rodeo Kings, \$75

Nov 23 Buck 65, \$49

Nov 26 Michael Kaeshammer, \$65 Nov 27 Jenn Grant, \$20 Nov 28 Jarvis Church, \$65

Carp Masonic Lodge: Carp Celtic Jam, \$3/\$25 for 3 mos, all levels, Mon (7-9PM) Ashton Pub (Ashton, 257-4423): Sundays

Open Mic w/Kelly Sloan, 2-5PM

Gallipeau Centre Theatre (Smiths Falls, 284-9916): 8PM Nov 8 Replay the Beatles tribute, \$39.50 Alice's Village Café (Carp, 470-2233): Open Mic Thursdays, 7:30PM

Golden Arrow Pub (Perth, 267-4500):

Nov I George Reynolds Nov 6, 20 Open Mic w/Matt Dickson Nov 7 Shawn McCullough

Nov 8The Help Nov 13,27 Open Mic w/Stephen Staines

Nov 14The Broccolees Nov 15, 29 Brea Lawrenson

Nov 21 Social Animals Nov 22 Respectables

Nov 28 Lucky Bs Generations Inn (Carleton Place, 253-5253): 6-9pm, no cover Nov 23 The NightCrawlers

Almonte Riverside Inn & Kitchen (Almonte, 461-2745): Thursdays Live Jazz w/ Ric Denis, 6:45-9:15_{PM}

Grumpy's (CP, 492-3000): Tues 9PM Karaoke w/Barry, Wed Open Mic 8PM w/ Jumpin' Jimmy Leroux, Thurs 8PM Blues Jam w/Kevin Ficzere's Blues & Co. Nov 11 Rob Robbins, 4-7pm Nov 16 Dan DesLauriers, 4-7pm

Open Mic w/Kelly Sloan, Ashton Pub

Scott Woods Country Christmas, Amprior

↑ The Sultans of String, McDonalds Corners

Scottish Country Dancing, Fridays,

9:30AM. McMartin House, Perth. 264-2787

Talk: The Lost Generation Nov. 1, 1:30PM at Archives Lanark, Perth (866-

2029); Nov. 2, 2PM, N. Lanark Museum, Appleton (northlanarkregionalmuseum.com Valley Singles Lunch, Nov. 2, IPM. All

welcome. Dixie Lee, Eganville. 623-6698 Rotary Club Mtg, Mondays, 6PM. Slackoni's, CP. carletonplacerotary.ca

Green Drinks, Nov. 4, 5:30PM. Around the Corner, Perth. Green Drinks.org.

Travelogue: Iceland, Nov. 4, 7PM. Talk & pics by Kevin & Sue Casey. Almonte Library, 624-5306. Free

Chiropractic Talks, Nov. 5, Chiropractic & Kids; Nov 19, Drug-Free Management for Arthritis. 7PM. Hands on Healing, Almonte, 256-0222, Free

CP & District Horticultural Society, Nov. 5, 7PM. Growing garlic. St. Andrew's Church, CP. cphorticulture.ca. \$3

Probus Club Meeting, Nov. 5, 9:30AM-Noon, coffee and conversation with retired folk. Perth Legion. probusperth.ca

Bazaar/Chili Luncheon, Nov. 6, 9AM-IPM. Fairview Manor, Almonte. 256-3113x2908

MMLT Dinner with Michael Runtz, Nov. 7, 6PM. Almonte Civitan Hall. 278-2939, vandenhoff@bell.net, mmlt.ca. \$40

Christmas Craft and Vendor Show, Nov. 8, 9, 10_{AM}-4_{PM}. Fundraiser for Light Up The Night. Almonte Com. Centre

Christmas in the Valley Artisan **Show**, Nov. 8, 9, 10 AM-4PM. Almonte Com Centre, valleyartisanshow.blogspot.com

Code's Mill Open House, Nov. 8, 9, I I AM-4PM. Entertainment & shopping. 17 Wilson St. E., Perth. codesmillatrium.com

Handmade Harvest Craft Show, Nov 8 (9-4), Nov 9 (10-3). Almonte Old Town Hall. handmadeharvest.com. \$2

Lanark Open House, Nov. 8, 9AM-5PM. In The Spirit of Things & Beeglo. Lanark

Women's Fair, Nov. 8, 9, 10AM-4PM. Benefits LCIH. Carleton Place Arena. lcih.org

Maude Barlow Talk, Nov 12, 7PM. Council of Canadians chair & water rights activist. Textile Museum, Almonte. Free

Adult Bereavement Group, Nov 12 (1-3PM, Lanark Lodge, Perth); Nov 26 (1-3PM, Alzheimer's Society, Smiths Falls). 267-6400, rebeccab@chslc.ca. Free

I Found It In Almonte Christmas Kick-Off, Nov. 13. Late hours in downtown Almonte. ifounditinalmonte.com

Christmas Open House, Nov. 14,7-9PM. Artisans, specialty coffee, food, music, tours. Equator, Almonte. cafe@equator.ca

Almonte Farmers' Harvest Mar**ket**, Nov. 15, 9AM-3PM. Almonte Arena. almontefarmersmarket.ca

Coins & Sax, Nov. 15, 3-6PM. Open House at Alliance Coin & Banknote, 88 Mill St., Almonte. 256-6785, alliancecoin.com

Hoot for Hospice!, Nov. 15, 6PM. Ladies night for Hospice Renfrew. Tickets at 432-8080. Renfrew Armouries. \$30

Mill of Kintail Night Walk, Nov. 15, 6-8PM. Lantern-lit hiking trail, stars. Mill of Kintail, Almonte. 256-3610 x1. \$5 per car

Dessert Tea & Gift Basket Auction, Nov. 16, 2-4PM. St. Andrew's United Church, Pakenham, \$5

Nutrition Workshop, Nov. 18, 6-7PM. Dandelion Foods, Almonte. 256–4545. Free

Young Awards AGM, Nov. 18,7PM. Foodies Fine Foods, Almonte. 256-508 I

Violet Femmes Gala, Nov. 21, 5:30pm. Tickets: Static Hair, Doree's Almonte. Almonte Com Centre, Icih.org. \$55

Festival of Good Cheer, Nov. 22, 10AM-3PM. Crystal Palance, downtown Perth

Almonte Lectures: Oceans/Climate, Nov. 28, 7:30_{PM}. Almonte United Church, almontelectures.ncf.ca. Free

Christmas Craft Show, Nov. 29, 10AM-3PM. Beckwith Public School, CP.435-8929 **HOMEmade for the Holidays**, Nov. 29, 10AM-3PM. Carleton Place Arena.

creativecreationsevents.ca MERA Christmas Fair, Nov. 29, 10AM-4PM. MERA Schoolhouse, McDonalds

Corners. meraschoolhouse.org Perth Market & Craft Sale, Nov. 29, 10AM-3PM. Crystal Palace, Perth

Finders Keepers Craft Show, Nov. 30, 10AM-4PM. CP Canoe Club. finderskeeperscraftshow.com

Old-Fashioned Christmas & Outdoor Artisan Market, Nov. 30, 10AM-3PM. Goulbourn Museum. Stittsville. goulbournmuseum.ca



Home Grown Poetry Show with LiPS

As the harvest comes in full, the seasons change, and the cold of winter approaches, the Lanark County Live Poets Society is just getting warmed up with the third poetry slam of their 8th competitive season. This "little rural engine that could" collective keeps on chugging away as the only nationally competing rural slam community in Canada, and you don't want to miss this opportunity to see them in action: November 7 at the Thirsty Moose in Carleton Place at 7рм.

A unique and stable feature of the National Spoken Word Poetry community, LiPS slams introduce audiences to a smorgasbord of styles, sentiments and subjects. Music and humour are rumoured to be coming, as are some "things to make you think twice", along with an appearance by the galactic cheerleading crew, all at this Home Grown Poetry Show.

Having just had to miss the most recent National Festival (CFSW2014) in Victoria, a first in all these years for the group, the collective needs your support throughout the slam season (September 2014–June 2015) to ensure that this doesn't happen in 2015, when the competition returns to Saskatoon. So come on out and join in the fun of local culture in the making.

If you are unfamiliar with slam and spoken word poetry, check out the site for Spoken Word Canada <spokenwordcanada.com> or look up "poetry slam" on Wikipedia for a primer.

For more information on the Lanark County Live Poets Society, supporting the team, upcoming events, or to enquire about booking poets for an event, email <lanarklips@hotmail.com> or look for LiPS on Facebook.

- b!WILDer



The Almonte Potters Guild



Classes for all ages starting the week of November 24

- Workshops for adults, teens & kids
- We host special events and parties

Register now at 613-256-5556

95 Bridge Street, Almonte www.almontepottersguild.com



Wednesday, Thursday and Friday 11:00-5:30 Saturday & Sunday 9:00-5:00

www.harvestmoonorchard.ca

4625 Carp Road, Carp

613-839-0378

Heritage Whisky Tastings Come to Lanark County

the Friends of Murphys Point Park group is launching a series of Heritage Whisky Tastings in Tay Valley Township and the Town of Perth. Building on their very successful Heritage Mica Days festival that operates throughout the summer season, the Friends were searching for a winter event that would allow them to extend their tourism draw

It is well known that there was a thriving whisky distilling industry (both legal and probably illegal) in the Perth and Tay Valley areas in the 1800s. In addition, some archaeological work completed at one of the homestead locations at Murphys Point has discovered old McLaren whisky bottles, and there are numerous stories about the miners at the Silver Queen Mine and their walks to town for whisky on their days off. Organizers coupled this history with the celebration of the Heritage Mica Days (late 1800s into the early 1900s), and the concept of a series of Heritage Whisky Tastings was born!

"The Friends organization is pleased to be working in collaboration with both Tay Valley Township

Just in time for the lead up to the Christmas season, and the Town of Perth on this project," says event planner Beth Peterkin. Susan Code, noted local historian, has been contracted to research and write the stories that will become a part of the Heritage Whisky Tasting experience. As of the date of writing, the first dates for this experience are not confirmed, but full details will be available by November 1. Those interested can contact the Friends at 267-5340 or <events@heritagemicadays.ca>. More information is also available online at <heritagemicadays.ca>. Funding support has been provided by the Eastern Ontario Development Program.



Poetry/Prose Open Mic in Stittsville

I am a retired librarian and practising poet who see what the turnout will be. I don't know any poets moved to this area, at the end of March, to be here yet, so this may be a chance to meet some. near my three grandchildren in Stittsville. Having come from Wellington in beautiful Prince Edward County, I am still adjusting to life in the big city. I was in PEC for ten years and very involved in the poetry workshops and open floor readings there, especially the one at Books & Company in Picton.

Stittsville Library, where a number of people meet to read and discuss their writing to a different assigned word each week. After the session, they generally retire to Gaia Java for coffee.

I have been hoping to find a time and place where poets and prose writers will meet for readings... no more than once per month — an "open Street). Audience members are welcome too!

Gaia Java has a nice relaxed atmosphere and is open to the idea, so we are doing this as a trial to

I see now that there are a lot of listings on the Canadian Authors Association website, ie. biweekly notices regarding writers' events. I hope to follow up on those events. However, most of them take place in downtown Ottawa, so it's worth trying to get a group going in the west end. I also hear that there Recently, I joined the writers' group here at the are poetry reading events in Lanark County. At any rate, I would like to see if readings in Stittsville can get launched. We had three people the first time, on September 16 — prose authors from the group meeting weekly at the Stittsville public library.

Come share your words on Tuesday, November 18, 7pm at Gaia Java (1300 Stittsville Main For more information please email Vivien at <vivtay@kos.net>.

WELL Wednesdays for Women Entrepreneurs

Valley Heartland CFDC is excited to be hosting Each WELL Wednesday will have a specific WELL Wednesdays for Women Entrepreneurs of business theme and start off with a Business at Lanark & North Leeds. The WELL program was Breakfast meeting, featuring an industry expert grow their business through connections to pro- noon starts with a Lunch n' Learn case study, prefessional and entrepreneurial women in their com- sented by a successful business owner sharing their munity. To meet growing demand, the program experience. The day wraps up with concurrent onenow offers training and learning opportunities for women entrepreneurs through WELL Wednesdays, which feature a full day of learning and networking opportunities in Smiths Falls on the last or all of the sessions as their schedules permit. In-Wednesday of each month. The day will offer different sessions with an à la carte format, so women can choose to attend the sessions that work with their individual schedules.

initially launched in the summer of 2013 as a men- to discuss a business topic. Following breakfast, a toring and networking program to help women morning training workshop is offered. The afteron-one in-depth counselling sessions or afternoon

Women in business may attend one, or more, formation for November's WELL Wednesday can be found at <valleycfdc.com/events> or by calling 283-7002x110 and asking for Bridget. Come draw from the "WELL"!

www.thehumm.com

November 2014

The Good Habit Blues

First, an explanation: last month rich voice and fantastic harmonica chops. of what makes this area so much

by Rob Riendeau

fun to live in. Then I fell off my bike while gawking at the beautiful fall foliage and fractured my clavicle. So, although the original plan is still the plan, I didn't make it out to as many events as I had hoped Let Me Count the Ways this month... in fact, I only made it to one, First, you are practically guaranteed a but it was a great one!

Harpdog In The House

When you think of good habits, your mind filled up IMMEDIATELY. I have played probably leaps to yoga, meditation, drinking more water, etc.; you know, the things you should add to your life on a more or less regular basis that will just make you a happier, better person. I am here to tell you that regular attendance at Blues on love nothing better than bringing their Athe Rideau shows should be on your good habit list.

attended (along with my lovely, and everpatient-with-her-one-armed-patient, wife and editor). In late October, we were lucky enough to be in the audience for Harpdog Brown's first-ever visit to The Cove. Harpdog is a big, bold bluesman with a deep,

I indicated that in this column I He was accompanied by his regular guiwould be exploring the nightlife tarist, Jordan Edmonds, whose guitar lines that this area has to offer. I would flowed in and around Harpdog's harmonbe dropping in on blues jams, jazz ica playing perfectly. Backing everything nights, and open mics from West- up were Gary Kendall on bass and Mike port to Renfrew, and reporting Fitzpatrick on skins, both members of the on the cool scenes that are part Downchild Blues Band — and these cats must have come straight from the kitchen because they were cooking (I can't believe I just wrote that). I think I've painted the picture though; the music was top notch. So now, let's generalize so that you get the whole story on why you should make **Blues on the Rideau** a thing that you do.

good show. I wish I could have taken a photo of Harpdog's face as soon as the band started playing and the dance floor a few gigs in my time, and I can attest that an enthusiastic audience makes the show so much better. The crowd at BOTR shows is there for a good time, and the seasoned musicians who play these shows game to this type of situation.

Second, Seamus Cowan and the staff at Let's start with the specific show that I The Cove are brilliant at creating a warm and welcoming atmosphere that keeps patrons happy. I always love it when I see servers treat everyone as if they are regulars. And let's not forget the buffet: perfectly



Put your glad rags on and head out to The Cove on November 21 to catch Fathead as part of the Blues on the Rideau music series. And don't forget your dancing shoes!

rot cake for dessert.

Third, if you are in a relationship with another human being, BOTR is a perfect date night. Food, wine, music, dancing — how can you go wrong? The seating is also semi-communal, so if you and your honey run out of things to talk about, there are plenty of friendly people around willing to chat. And, if you are so inclined, you could make a Westport One Pint Review weekend of it — after all, The Cove is an inn.

Hopefully, you are convinced by now and are already making plans to attend a BOTR show in the near future. In November, multiple Juno and Maple Blues Award the Barley Mow in Almonte. Every Tueswinners, Fathead, bring their funky, soulful sound to The Cove stage. There's no at the Mow to test their knowledge of mucooked roast beef and all of the sides you show in December, but in January, Cana-sical minutiae. It is always a great time could want. The servers were also happy to da's blues guitar king and BOTR favourite highly recommended!

oblige with a second (or third) slice of car- Jack de Keyzer returns for what is sure to be a great show. Don't forget that these show typically sell out, so make your reservations early.

For more information about Blues On The Rideau, visit

bluesontherideau.ca>, and to find out more about The Cove, go to <coveinn.com>.

A few years ago, I had a pretty good winning streak going at Julian Smith's Music **Trivia Night** at a local pub. Well, Julian is back as the chef and chief trivia master at day at 8pm, teams gather in the back room



Are you thinking of starting a new business? Expanding or relocating your old business? Downtown Carleton Place is an excellent choice... We have retail business space just for you.

A growing community population of 9,809, a catchment area of 45,000, attractively located on the Mississippi River, four lane highway making it a short distance from Canada's Capital.

Contact us today to find out ways we can help you explore opportunities in Downtown Carleton Place.



www.DowntownCarletonPlace.com or 613-257-8049









Christmas with Buzz

Saturday, December 13, 2014 8:00 p.m Almonte Old Town Hall, 14 Bridge Street, Almonte

Get into the spirit of the festive season with an annual favourite: our Christmas concert! Opus Award-winning brass quintet Buzz (Sylvain Lapointe – artistic director / trumpet; Frédéric Gagnon – principal trumpet; Pascal Lafrenière - horn; Jason De Carufel trombone; Sylvain Arseneau – bass trombone) is in its 12th year and has performed over 1,000 concerts. Come and rediscover the traditions of Christmas through new eyes and ears!

Tickets available by mail or online at almonteinconcert.com

Tickets also available at: Mill Street Books 52 Mill St., Almonte 613-256-9090





Top Selling Team for Sutton Group Premier 2013!

Red Trillium Tour

This fall marks the 31st Red Trillium Studio Tour, taking place on November 22 and 23. More than thirty artists will be participating, including many old favourites and several new faces. Admission is free, and brochures or information are available at <redtrilliumst.com> or by calling Catharine at 839-2793. The studios are open from 10AM to 5PM each day, and are located in the beautiful rural setting of West Carleton.

Many other area artists, working in a wide variety of media, look forward to welcoming you over the weekend. Get an early start on your holiday shopping, and find distinctive, handmade local gifts for everyone on your list!



You'll find Santa dolls by Catharine Nutt and much more on this year's tour!

'justhink"

I have been asked a number of times **True Story #1** why I call my company "justhink". Short answer: **Thinking is good.**

advertising agency in Toronto, she wasn't happy with her career. Brewery. I was tasked with coming up with the "idea" behind a Me: Then don't.

by Patrick Arbour

usthink..

promote the beer. I spent the next twelve years working for major agencies in Toronto, Cleveland, New York and Vancouver. I developed ideas and wrote television and radio scripts for a variety of clients — from breweries to baseball clubs, banks **True Story #2** relish to religion.

In 1990, with three small children in tow, my wife and I landed in Ottawa with but home.) With that goal in mind, I knew I had to reinvent myself. Opportunities Me: What would it cost? to develop large (expensive) advertising campaigns in a smaller market like Ottawa were limited, and I was no longer affiliated with a large agency and able to access the resources I would require. I was Me: How many individual items will you

I analyzed the market and my situation, and it occurred to me that I could teach the process of advertising/marketing. I also realized that many of the clients who approached me were asking for the fin- Me: Would that get you your student? ished product.

"I need a brochure." "I need a radio script." "I need a billboard." I can remember saying: "wait just a minute, let's just Imagine there are three men in the drill think about this first."

message to an audience. A message to a specific audience that conveys to them that your product or service is right for tion? Yes. Worth the thought? Always. them. Now we can decide on the media it is best suited for.

justhink was born.

The "idea" stage of my career, although not over, had to step aside for the moment while the "thinking" (strategy) side led the way.

The second phase of justhink came out of a discussion with a colleague of mine. Long answer: I began my career Let's call her Mary-Ellen, because that's in 1978 as a copywriter in a large her name. Mary-Ellen confided to me that

and my first ad was for Molson's Mary-Ellen: I don't want to stay in the agency business anymore.

series of television commercials to Mary-Ellen: But I don't know where else I would find a \$40,000 job.

> Me: You don't need a \$40,000 job. Sounds like you need \$40,000. You could have that with two \$20,000 jobs. Four \$10,000 jobs. Eight \$5,000 jobs.

> Mary-Ellen: Enough. I get it, I just didn't think of it that way.

to Burger King — selling everything from I was visiting a retail client of mine one afternoon and he informed me that we would have to talk while he unloaded inventory from a truck that had just arrived. the intention of settling down and raising I questioned him as to why he was always our family. (As a Creative Director in the the one to unload the truck. He informed advertising world, I had been anywhere me that he would like to hire a student to do the job but couldn't afford it.

Client: I don't know.

Me: Then how do you know you can't afford it?

Client: I don't.

sell today?

Client: We average 800 sales a day.

Me: And if you added five cents to every one of those items?

Client: I would have an extra \$40 a day. Client: Yes... I like the way you think!

Expertly Contrived Story

aisle of Canadian Tire. They are all looking You don't need a brochure. You don't at drills. Makita, DeWalt, Mastercraft, Hineed a radio script. You don't need a bill- tachi; lots to choose from and most likely board. What you need is a message. A the men all "think" they need a drill. In fact, they all need a hole. The drill is tool (medium). The need is the hole. Subtle distinc-

> The moral of these stories? Take a little more time with your marketing/advertising and "just think".

— Patrick Arbour is a Creative Director and Executive Business Coach who has worked in the advertising world for major agencies in both Canada and the US

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PPAC Jazzes It Up

November 2014

Denis Chang's formative years own compositions to the stand-

ergy of the Denis Chang Gypsy Gypsy Jazz musicians such as chance to see him perform with Jazz Quartet is sure to warm up Fapy Lafertin, Ritary Gaguenthe evening of Friday, Novem- etti, Paulus Schäfer and Ember 14, when the Perth Perform- manuel Kassimo, to name just ing Arts Committee (PPAC) these few. Over the years, this brings them to the stage of the virtuoso guitarist has developed his own sound that is inspired by Greatly influenced by the numerous styles of music while music of Django Reinhardt, remaining faithful to the Gypsy Taiwanese-Canadian guitarist Jazz style; he has also added his

Warm up your November with a performance by the Denis Chang Gypsy Jazz Quartet — coming to the PDCI stage on Friday, November 14

The mesmerizing musical en- were spent alongside great ard repertoire. Don't miss this his talented quartet!

> Then in the new year, PPAC will be presenting one of the most dynamic and exciting world-class ensembles of its generation — the Borealis String Quartet. This group has received international critical acclaim, being praised for their fiery performances, passionate style, and refined musical interpretation. They will be showcasing their prowess on Friday, March 13.

Finally, on the evening of Friday, April 17, award-winning multi-instrumentalist Yiannis Kapoulas will expand your musical horizons with his infectious blend of "ethno-fusion world instrumentals" — a unique sound that runs the gamut of influences from Latin, Mediterranean, Middle Eastern, jazz, classical and funk.

All PPAC shows start at 7:30_{PM} in the Mason Theatre at Perth & District Collegiate Institute, at 13 Victoria Street. Tickets are available from Tickets Please — visit < ticketsplease.ca>, call 485-6434, or drop in at Jo's Clothes, 39 Foster Street in Perth.



Orpheus's upcoming production of Fiddler On The Roof features a whole lot of Ottawa Valley talent, including (from left) Christy Bindhardt, Catherine Clark, Danny Albert and Shea Spafford. Even the giant ladies from Almonte's Puppets Up! parade will be on stage!

Almonte to Anatevka: Fiddler on the Roof

Almontonians are helping bring Fiddler on the Roof to life this November 21 to 30 at Centrepointe Theatre. Staged by Orpheus Musical Theatre Society, the production celebrates the fiftieth anniversary of this much loved musical about Tevye the milkman and his daughters. From set design to the stage, Almonte's connection is strong.

Catherine Clark, well known for her musical and acting abilities, is playing the role of Golde, Tevye's wife. She has worked with many of us in Lanark on such shows as The Almonte Radio Show, Waiting for the Parade, and Who's Afraid of Virginia Wolfe. She's delighted to be directed by her old friend and former Almontonian, Michael Gareau.

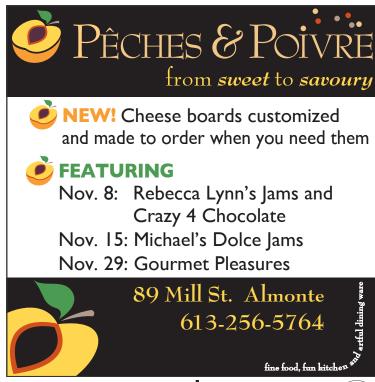
Also making an appearance will be two very striking and prominent ladies, best known for their annual appearance during the Puppets Up! parades. The giant ladies are on loan from Noreen Young and, rumour has it, they've been treated to a makeover.

The set design and scenic art is by Christy Bindhardt, and celebrates the long history behind this musical based on the folk stories of Shalom Aleichem. Christy, with the assistance of several local students of Notre Dame High School over the summer, prepared the banners and set pieces, and hand-painted the names of all the lost shtetls of the Ukraine and the Pale. Shea Spafford put in so much of her time that she earned the title Scenic Art Assistant, and is enjoying her many hours at Orpheus House, building

It wouldn't be *Fiddler on the Roof* without the fiddler himself, and that part is being aptly filled by Almonte's own Danny Albert. Whether you've enjoyed him during Puppets Up!, at Fulton's Pancake House, or online in one of his many YouTube videos, this is a performance of his you don't want to miss.

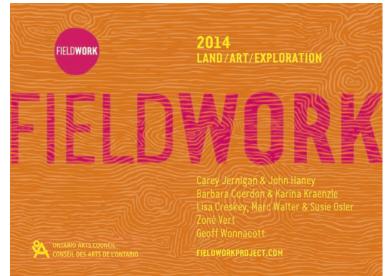
Tickets can be purchased by calling Centrepointe Theatre at 580–2700, or visiting Orpheus' website at <orpheus-theatre.ca>.





www.thehumm.com





THANK YOU

for saying you saw their ad



On or Off the Mat — **A Yoga Practice**

birthday in San Pedro de Atacama, Chile. I would be a no-brainer birthday present, but it turns out she didn't want that. Injust the how-tos for asana (postures) and information on different yoga styles, but the "why" behind practice. Ah, the why!

by Pam Harris, Librarian

Speaking Volumes

This got me thinking about this journey of yoga — the why behind the practice. Is there a one-size-fits-all answer? In short, what "why" books would I pick? Do I even have a short list of must-reads for yoga? My answer is basically no. Yoga is such a multi-faceted, multi-layered practice, a journey that typically begins wherever you are the moment you step on the mat, and for that matter, off the mat. It's an individualized practice; one of getting to know yourself, one of self-illumination and compassion. Typically it's different for each of us, and moreover, different for ourselves day to day and over a lifetime. It's never about anyone else's practice or ability. It's all about your body and its emotional and physical history, your mind (what your thoughts are and whether they are restless, contemplative, or something else entirely), and your spirit, your noble inner self. It's a journey that commences not with the first step but with the first breath. It's as shallow and as deep as that.

Yoga is awareness and mindful attention or observation — what happens when you move into a pose? Where does your breath go? Where does your mind go? What happens if you go too far? Are you even aware of it? Do you recognize your limit? Or are you lollygagging about in your comfort zone, without ever challenging or moving your are also available. limit? Yoga can be as simple as a physical practice and as complex as the meaning of life. Where you start and where you end up shift like desert sands as your awareness deepens, whether your exploration is physical, mental or spiritual. Your practice can be on the mat itself or eventually, I suspect, it will move off the mat into the fundamentals of liv-

root of suffering? Can we be free from suffering?

My eldest daughter recently celebrated her How can I lead an optimal life and what does an optimal life look like? What is grace? And more, thought that transferring her some money always more, as yoga is much more than exercise, having a long historical tradition and a funny contradiction of being a "spiritual science". It's also the stead she wanted some yoga books — not practice and study of spirituality — often using scientific techniques, such as observation, as tools in that discovery.

> Of course, yoga is a physical practice, but often those who start out expecting an exercise regime find themselves bumping into all kinds of other issues and ideas about themselves, as well as how mind, body and spirit intersect in yoga. Depending on the starting point, some beginning practitioners may find themselves chanting "om" instead of moving through that vigorous vinyasa flow, or catch themselves off-guard when tears suddenly start flowing, or, just as surprising, great gulping guffaws erupt from nowhere.

> One of the most beautiful symbols for me in yoga is the lotus flower. I love the image of enlightenment, like the lotus, taking hold in the murky and muddy depths of being and nudging and winding its way to the surface — toward the light — a beautiful bloom bursting forth; so too our true selves and so too yoga. I love, too, the many intricacies and layers of symbolism here, of starting in darkness and ending in light; of shedding the guck of life so we can bloom; the swish and sway of water both purifying and supporting; all the transformations in blossoming... There is no single reading list, because what each person brings to their practice, where they are starting from, and where they are heading, is as individual as we each are. Some possibilities for exploration are described in the online suggested reading list, which has three parts: basics, classics and meditation. These are available at your local library or through inter-library loan. DVDs

Pam Harris is the CEO/Chief Librarian at the Mississippi Mills Public Library

See More Online!

For a wonderfully detailed list of suggested read-Yoga asks the big questions, such as what is the ings about yoga and meditation, please see Pam's picks at <thehumm.com>!

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Sounds of the Season

Christmas Concert with the Town Singers

It's getting to be that time of year again! Next month, Carleton Place's favourite community choir, in the mood for the holidays! You'll hear medleys the Town Singers, will be presenting two performances of an eclectic mix of music to get us all in Deck the Hall, Away in A Manger, and God Rest the mood for the December holidays. Yes, it's the Ye Merry Gentlemen — as well as some classical Town Singers' Christmas 2014 concert, "Sounds of

singers, and since then it has swelled to become an 80-member chorus. Twice per year, in June and in December, they amaze us with their polished presentations of challenging choral music. Part of the reason for the choir's remarkable growth has been its great luck in attracting some of the most talented musicians that the Valley has to offer: accomplished choral conductor Kristine MacLaren is the musical director, and the hugely talented Peter and instrumental leader.

And this December's show promises to put us all of old traditional tunes you remember so well sacred music by the great composers.

Kristine has also snuck in a few original upbeat The Town Singers are a four-part choral group swinging and syncopated tunes for the toe-tappers founded in 2007. The choir started with a dozen in the crowd. Rounding it off is a selection of favourite contemporary carols for the whole family.

> Mark your calendars! There will be two performances: a Sunday matinée at 2PM on December 7 and a Tuesday evening performance at 7PM on December 9. Both performances will take place in the grand main sanctuary of Carleton Place's beautiful and historic St. Andrew's Presbyterian Church (39 Bridge St., just north of Lake Avenue).

Tickets are \$10 and are available from choir Brown does triple duty as arranger, accompanist, members, by emailing <cptownsingers@gmail. com>, and at the door. See you there!

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Sat. Nov 1, 15, 22 & 29, Wed. Nov. 5 **Head Over Heels** (Vocal Guitar Duo), 6-9 Thu. Nov 6 Hunter's Ball with Shawn McCullough & Wade Foster (Country), 8-11 Fri. Nov 7 Terry Tufts & Kathryn Briggs - K.E.W.T. (Folk), 8-11 Sat. Nov 8 Long Sault Trio (Folk/Jazz), 6-9

Wed. Nov 12 & 19 Wings 'n Tunes with Shawn McCullough (Country/Rock), 6-9 Fri. Nov 14 John Wilberforce (Country/Rock), 6-9

Fri. Nov 21 Blues on the Rideau presents Fathead (Toronto), \$60 buffet & show, 7–11 Sat. Nov 29 Santa Claus Parade with Henry Norwood & Friends, I-4



Cycling is the New Golf! Help Create a Cycling Map for Lanark County

Small communities across the country are working in Lanark, the Lanark County Tourism Association (LCTA) is redoubling their efforts to bolster the local tourism industry. "We've got amazing product," says LCTA president, Bob Mingie. "We are the this we have great lakes, festivals, museums, restaurants and accommodations. We also have wonderful country roads that lead to them all!"

On the heels of a successful presentation to Lanark County, LCTA is ready to recreate the county as a cycling destination. Matching dollars from both groups will help to create a bilingual cycling map for the county. "We are using this map as a way to create a whole new audience for existing Lanark tourism destinations," stated Mingie. "We see the economic potential that cycling brings. Here in Please send your answers to Lanark County Tour-Lanark, the council passed a paved shoulder policy with plans to have all county roads with paved shoulders in ten years. Not only will we save money on maintenance and have safer roads — we'll have a new tourism resource!"

"Groups like Ontario by Bike — the cycle tourto create a competitive advantage over neighbouring ism promoters in Ontario — have studied cycle markets with regard to their tourism offerings. Here tourism impact and found that cycle tourists, be they long haul and self-supported or retirees and families who drive to destinations then explore on bike, spend considerably more per day than regular tourists. They represent the 'Connected Explorer', capital of the maple industry, but much more than our ideal guest. After a day exploring by bike they are more apt to spend a little more on a nice meal and a nice room," added Mingie.

> To help with their map project, LCTA would like to ask you three questions:

- 1) What are your favourite Lanark County back roads/cycling routes?
- 2) Where would you cycle if the shoulders of the county road were paved?
- 3) If you are a Bed and Breakfast owner; would you be interested in supporting B&B-to-B&B tours? ism at <lanarktourismassociation@gmail.com>. Are you a member? Contact LCTA for membership details.

Canadian philosopher Marshall McLuhan coined the phrase "The medium is the message." Here in Lanark, "The journey is the destination!"



\$39.50



November 2014 www.thehumm.com

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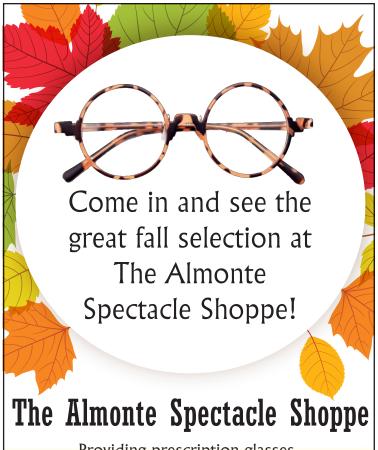
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Reever Repor

How Lucky I've Been

periphery of the war, with both parents and horror. To my sister and me, the war was only a remnant in our basement: a grotesque gas mask my sister would don to scare the bejesus out of me when I least expected it. Our town was considered a target, and thus the houses were swathed in blackout cur-

by Glenda Jones

tains, making Hallowe'en so spooky for little girls of four and six that, to this day, I cringe at the holiday ornaments of this season. My parents were local war volunteers: my mom a trained auto mechanic, and my dad a volunteer ambulance driver. To my knowledge, neither ever had to serve. Lucky? You bet.

My mom met once a week with her Red Cross ladies; sewing and knitting, making clothing, wrapping bandages, and packing boxes to be sent overseas. We collected spare change to augment their

efforts. We were all exhorted to "eat your dinner. Think of those starving children in Armenia"; their poverty played out on the big screens, in the news reels at movie theatres. It all scared me half to death. In my child's mind, it was a horrible nightmare too large to absorb, and one I imagined at our back door at any minute.

And indeed it was at our back door. We lived a short drive from the

Japanese internment camps in the Kootenays, where never ceased to show their gratitude. I was proud whole families endured hardships untold, in tar-papered shacks with tiny stoves, while we were in cosy houses with furnaces blazing. We saw the children in shabby coats, and cried for their chilled fingers. We respected the farmers who turned barren soil into market gardens in the summers, and tended tiny flower beds. However, we were little kids who had no way of knowing the extent of their suffering. In later years, we knew these people through our grandparents. They never shared their stories, I suspect in a stoic effort to retain their dignity. They were a brave people, kind neighbours, and an asset endured the hardships as nobly as they, coming as we did from similar circumstances as they had lived

My husband Alan's brother nearly made it to the front. He got as far as England when the war ended, but Alan can recall standing with his weeping mother at the station, watching his brother go off to God only knew what. To this day, his brother recalls his military time with fond memories: the stories, the friends and the honour of serving are indelible milestones in his rich life.

I've reached this ripe old-ish age with so mountain and a sand dune. We rode our bikes evemany blessings in my life that it's time I gave rywhere, and only stopped when someone's mom thanks. In the first place, I was born on the would holler us home. With all this activity, my worst injuries were a cut from a wayward swing all my relatives spared the anguish of that and a dose of poison ivy from rolling down the sand dune. "Dumb kid — she knew it was there!"

And then came the Hungarian revolt. When it was at its worst, our small B.C. town stepped up to accept refugees. My friend's mother opened their home to a family of four. The whole neighbourhood embraced them with an abundance of supplies and goodwill that likely overwhelmed them more than we knew. Their favourite meal was bread soaked in bacon fat. "Yuck!" Little did we realize they had lived on that for months while we were enjoying our three square meals a day. We wanted the kids to come and play, but the little girl cried a lot, and never left her mother's side. The father and son were very serious, never laughing or relaxing. They all were startled by loud noises, and couldn't bear the loud train whistles. It must have been terrifying to them: strange country, language, food, kids and all. To us it was an adventure to entertain them.

Along came the Vietnam war, and suddenly we

were caught up in the immediacy of it all. My parents made their statement by taking in a young scared draft dodger; a pacifist the same age as we were. He was a model citizen from a family just like ours, and my parents with two daughters couldn't bear the anguish his parents were going to endure should he have to serve in that hellhole of misery. To the day my mom died, both he and his parents

of my parents for doing this.

It seems war has become a sidebar to every day, with so many conflicts and so much media attention that we can't keep score anymore. Are we becoming blasé about wars? We can't afford to let that happen.

We're blessed to be able to attend the November 11th services and read those names and sing the hymns, and belt out "O Canada" with pride and thanksgiving that we live where we do, and enjoy the peace that truly does pass all understanding. How we have gotten this far unscathed is a miracle, to their imposed environs. I wonder if we could have and I, for one, will never, ever, take that for granted.

Author's Note

I originally began this article with the line "I'm really hoping this article doesn't tempt fate, but here goes...". In light of recent events, I felt that was no longer an appropriate opener. However, I do believe that we cannot let terrorists control how we live, or they win. We have to carry on, knowing that this couldn't have been avoided, no matter what. That poor dear soldier was serving his country, and was proud of what he was doing, and didn't have a In the fifties, our life was as idyllic as *Father* chance to lift a finger to defend himself. We need to Knows Best or Leave it to Beaver. In our secure live like we mean it, not live in fear, and we need to little neighbourhood, we were insulated from the teach our children that they too cannot live every turmoil that burdened other children of the world. moment looking over their shoulder, or they will



Arts to Experience and Homes to Tour

port, as the Artemisia Art Gal- If you've always wanted to peek into an Art Center. It seems that Westthe arts, and take small group

by Georgia Ferrell

artists, I hope, would find here a community of kindred spirits, with time to meet and network with each other, as well as to discuss art as a business, perhaps how soof other things that are possible.

Another addition to the Art Center yours today! will be a polymer clay guild, and with it another way to give back to our world, our friends and family through making and donating to our local hospital cancer centres our Bottles of Hope (pictured below)
bottlesofhope.org>. All are welcome to come and see amazing works of polymer in this long established studio tour! clay here, as well as to contribute to the Bottles of Hope Campaign. Times and leaves that are covering what calls itself dates will be announced soon.

A major change is afoot in West- **Westport Christmas Home Tour**

lery is moving toward becoming some of the beautiful homes in our lovely town, you'll have the perfect opportunity port and area would benefit great- on Thursday, December 4. Six gracious ly from a place where folks could abodes will throw their doors open from come and be creative, learn about 10AM to 3PM that day, and hostesses will welcome you into their festively decoworkshops and seminars. Also our rated interiors. Tickets are only \$15, and are available at Murphy's Barber Shop and The Cove Inn in Westport, or at The Running Goat in Perth. You can also visit <westportartscouncil.com> and pay by Pay Pal, or call 273-9195 for more information. Hostesses this year include Judith Allen, Debbie Bird, Jo Ann Egan, Angela cial media can benefit sales, and all sorts Elster and Laurie Thornton. There is a limited number of tickets available, so get

> Finally, the report from the artists who participated in the 25th annual Fall Colours Studio Tour is wonderful! As usual, our studio artists were proud to show their work and were pleased with the high attendance. Kudos to all who participate

Time to get out and mulch all those "grass" on my lawn. 'Til next month...



I Am the Root of all **Evil...** err... Stupidity

Yesterday, having yet another one day brighter. It wasn't my first roand cheesy. And so it began...

The employees at Domino's had no record of my order and asked me for my phone number

by Linda Seccaspina

Menopausal Woman of the Corn

number in "contacts" as darned if I can for wasting your time." remember it. The second issue was trying distance/bifocal glasses. After fiddling just cry or get a 2-for-1 lobotomy. around for a good few minutes I recited the number and, of course, they had no record of it. The staff was quite kind and the day I had I felt like everyone including about. Heck, I must be quite the Einstein! Domino's Pizza was out to get me.

Upon arriving home I checked my email of "those days" and feeling mighty and sure enough the order was there, so I dismal, I thought ordering a small Skyped a friend looking for some peppergluten-free pizza might make the oni support. He immediately told me it is just a pizza and to go back and demand a deo ordering pizza online, and free one. We both agreed that I should not twenty minutes later I rolled into take it out on the acne-ridden high school the Domino's parking lot ready to staff as that is just not fair. I forwarded my sink my teeth into something warm order to Gmail as I cannot pull anything up my Yahoo mail on my cellphone as "the powers that be" want me to do something with my browser — and that my friends, is way beyond my knowledge.

I walked into Domino's, showed them the confirmed order on my cellphone, and the cashier said, "well, your first problem so they could verify it. That was the first is that you ordered it from Pizza Pizza and issue, as my memory since the stroke is not Domino's." I smacked my head and awful, but luckily I put my new phone said, "I am such a moron and am so sorry

I crossed the street, picked up my pizza to focus on anything with my new long at Pizza Pizza, and wondered if I should

Why me?

Oh, why not?

Solomon Short once said that being quickly offered to make me one, but after smart is knowing what you are dumb

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November 13, 2014 Almonte

Kick off your holiday shopping in Downtown Almonte! Shops will be open late and merchants will welcome you with special treats, demonstrations and giveaways. **ifounditinalmonte.com**

Pakenham Country Christmas

November 29, 2014, 10am-5pm, Pakenbam



Photo by Cheryl Bo

Visit our quaint village to experience the true spirit of Christmas. Breakfast with Santa, then head down the street for Christmas baking, pony rides, festive carols, and the opportunity to pick up unique gifts for everyone on your list.

www.facebook.com/events/1481886128765473/



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December 5, 2014, 7pm

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lightupthenightalmonte.com

SANTA GLAUS PARADE

December 6, 2014, 1pm Pakenbam

Parade of Lights

December 7, 2014, 5pm Almonte



FREE skating, hot dogs, hot chocolate and visits with Santa. This year's theme is Winter Fun! www.exploremississippimills.ca



Kintail
Country Christmas

December 13, 2014, 10am-4pm

Mill of Kintail

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Pakenham Frost Festival

January 23–26, 2014 Pakenbam



Winter fun with many events for all to enjoy! Dress warmly and bring the whole family — there's something for all ages. www.exploremississippimills.ca



